

Information  
for Tampere  
International School  
families

## Safe travel to and from school

### – on foot or by bike!

*Students come to FISTA from near and far, even from outside of Tampere. There's a lot of traffic around the school in the mornings, and the streets near the school get crowded.*

*We want to encourage all students who live near the school to come to school on foot or by bike.*

*Because there's a lot of traffic, it's important to practise how to travel to and from school safely before school starts.*

*If you have to drive your child to school, we recommend stopping or parking a few blocks away from the school, for example on Kortelahdenkatu. You can safely walk to the school from there, through the many parks in Amuri.*

*Walking or biking to school can give students a great start to the school day, and it can also be a good transition from the school day into free time. We hope you can all join us in encouraging children to exercise more. Together we can make sure everyone can travel safely to and from school.*

*FISTA teachers and staff*

## Safe travel to and from school

### Recommended routes when biking or walking

Coming to school by bike or on foot is a good chance to learn traffic skills and get some exercise.

The recommended routes and crossings on the map are the safest ones for biking or walking. Cross streets at traffic lights.

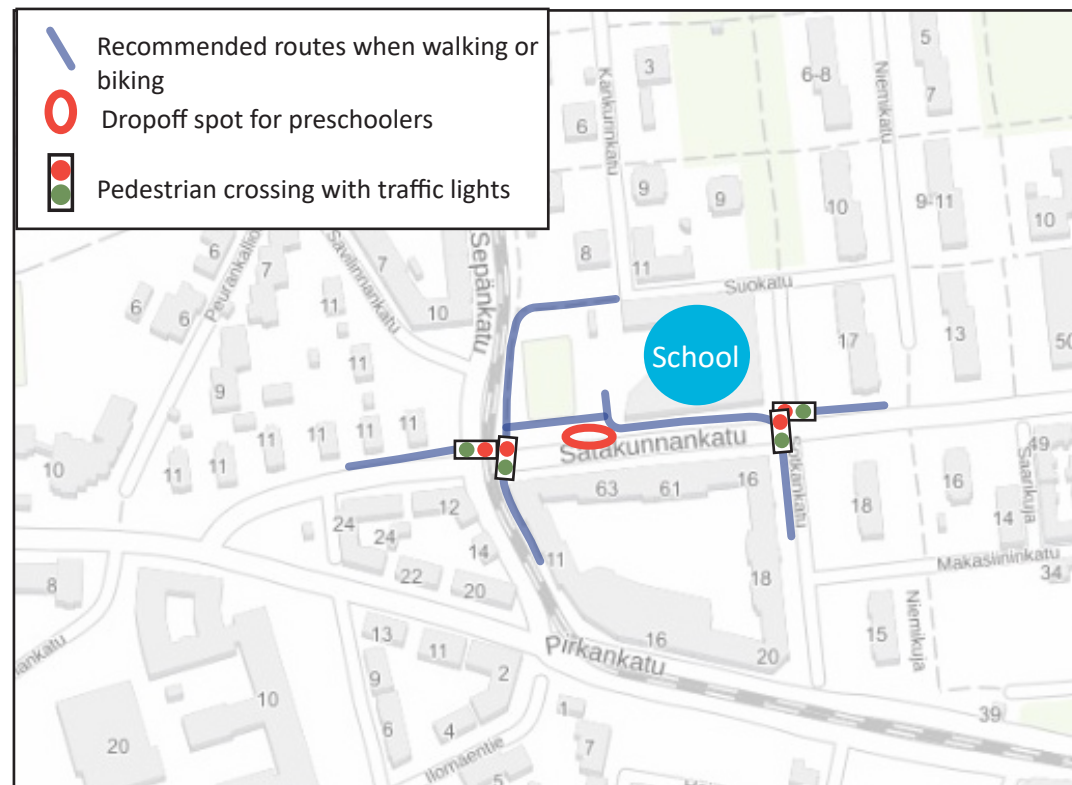
We hope that all families practise traffic rules and how to safely travel to and from school. It's also important to remind your child about safe routes to school throughout the year.

### Bringing your child to school by car

It's best to bring your child to school on foot, by bike or on public transport. Unnecessary car traffic around the school causes congestion and increases the risk of traffic accidents.

If you have to bring your preschooler to school by car, we recommend dropping them off at the spot marked on the map.

Older students should be dropped off further away from the school. Having less traffic near the school makes it safer for those students who are walking or biking to school.





How long does it  
take you to walk or  
bike to school?

## Trips to and from school are an opportunity

Exercise is good for your mind  
and helps you learn.

Trips to and from school can teach  
children to travel independently.

At least 1-2 hours of varied and age  
appropriate exercise per day.

Travelling together with a friend  
builds social skills.

Less screen time, more exercise  
and time spent outdoors.

Walking and biking can help you  
recover after a school day.