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## Welcome to live in Finland and in Tampere!

With this guide the City of Tampere wants to help those foreign-language residents who have recently moved to Tampere. The guide is a collection of information concerning public and private services essential to immigrants. Non-municipal service providers are responsible for their respective data.

The City of Tampere finds it important that all residents of Tampere, regardless of their mother language, can benefit from the same services.

There are over 200,000 residents in Tampere, of which some 6,000 are foreign nationals. When the neighbouring municipalities are included, the number is over 7,000. All in all, Tampere has residents from some 125 countries. The largest groups of foreign nationals originate from the EU countries Estonia, Sweden, Germany and Great Britain, and Russia, Iraq, Afghanistan, China and India outside the EU.

In the past few years, Tampere has paid special attention to developing the information society. The website of the City of Tampere at [www.tampere.fi](http://www.tampere.fi) has a lot of useful information in Finnish and in English. The City of Tampere contributes to the national Infopankki ([www.infopankki.fi](http://www.infopankki.fi)), a versatile information source for immigrants about living in Finland and about the country itself. Personal advice is available, for instance, at Cultural Centre Unipoint. Unipoint is situated at the Old Library Building near the Central Square (*Keskustori*), behind the Old Church. Unipoint's contact information can be found in this guide.

*Best regards,*

### *City of Tampere*

Aleksis Kiven katu 14–16 C  
P.O.Box 487, 33100 Tampere  
Tel. (03) 565 611  
Fax (03) 5656 6196  
**[www.tampere.fi](http://www.tampere.fi)**

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The dialling code for Tampere and the Tampere Region (*Pirkanmaa*) is 03.  
Always use the dialling code when using a mobile phone or telephoning from another directory area.

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# 1. LIVING IN TAMPERE

## 1.1. Banking

There are a number of banks to choose from in Tampere. You need a bank account in Finland, to which salaries and any possible benefits can be paid. Study what services the different banks offer. There are many ways to pay a bill: you can go to the bank, pay by telephone or use an ATM or the Internet.

In order to open a bank account you will need your passport or other official identification document. Further information and brochures about banking services and various kinds of accounts are available at the banks.

Banks are usually open Monday to Friday  
9.30–16.30 or 10.00–16.30.

## 1.2. Driving licence

Tampere Police Station ..... 071 874 0131  
Licence services (*Lupayksikkö*)  
Hatanpään valtatie 16  
Monday to Wednesday and Friday 08.00–16.15,  
Thursday 08.00–17.00  
[www.poliisi.fi](http://www.poliisi.fi)

A driving licence granted in an EU member state or a European Economic Area (EEA) member state or a temporary driving licence granted in one of the Nordic Countries entitles its holder within the limits of the licence's eligibility to drive motor vehicles of the category/categories specified on his or her driving licence.

The driver must be at least 18 years of age. The right to drive is valid regardless of whether the person resides as a tourist in Finland or whether he or she has moved here permanently. Persons that live permanently in Finland or have studied in Finland for at least six months can apply to exchange a driving licence granted in an EU member state or a European Economic Area (EEA) member state for a Finnish driving licence without taking a driver examination.

A national or international driving licence granted to a person living permanently in a signatory country to the Vienna or Geneva Road Traffic Conventions or an official Finnish or Swedish translation of the national driving licence entitle the licence holder to drive – within the limits of the licence's eligibility – a motor vehicle in Finland

for one year starting from the date of arrival, if the licence holder fulfils the minimum age requirement for driving a corresponding vehicle in Finland and if his or her driving licence is valid. Driving licences granted outside the signatory countries to the Vienna or Geneva Road Traffic Conventions do not give entitlement to driving in Finland.

The right to drive is solely based on a driving licence granted to a person living permanently in a signatory country. A driving licence granted in a signatory country during the time of temporary residence (e.g. as an exchange student) does not entitle the person to drive in Finland.

## Vehicle registration

The use of a foreign vehicle in Finland  
Persons residing permanently in a signatory country to the Geneva or Vienna Road Traffic Conventions may drive a vehicle – which they have imported for their own use and which is registered in a signatory country – in Finland temporarily for one year from their date of arrival.

### First registration

A vehicle used permanently in Finland must be registered in Finland. The Customs are responsible for automobile taxation before the first registration or the first use of the car. Before registration, the vehicle must also pass a registration inspection. First registration can be conducted at a vehicle inspection station (*katsastusasema*), where the number plates are issued.

For more information on first registration, visit  
[www.ake.fi](http://www.ake.fi)

## 1.3. Electricity

Tampere Power Utility (*Tampereen Sähkölaitos*)  
Customer Service Point,  
Jokikatu 5, Sähkötalo ..... (03) 5653 4500  
Monday to Friday 8.30–15.45  
[www.tampereensahkolaitos.fi](http://www.tampereensahkolaitos.fi)

To get electricity delivered to your home, you need an electricity contract. You can make a contract with Tampere Power Utility via the Internet or in person at our customer service point. It is advisable to make a contract well before the moving day. Our customer service provides additional information on all matters concerning electricity.



## 1.4. Housing

### One-stop Housing Centre (*Asuntotori*)

Puutarhakatu 8, ground floor..... 020 127 7215

Fax ..... 020 127 7255

Monday 9.00–17.00, Tuesday to Thursday

9.30–15.00, Friday 9.00–13.00

Asuntotori is a one-stop information centre about renting accommodation and rental apartments of both the municipality and major private housing providers. The following service points are available at Asuntotori:

**Tampereen Vuokra-asunnot Oy**... (03) 5656 6263

Fax ..... (03) 5656 5122

The company manages both company-owned and municipally-owned apartments, selects tenants and sets rents. In addition, Tampereen Vuokra-asunnot Oy arranges the first rental apartment for all refugees who have a residence permit and who are placed in Tampere. The office also informs and helps refugees and immigrants in all matters concerning moving to Finland and finding accommodation.

### VTS Homes (*VTS-kodit*)

Tampereen Vuokralosäätö

Vilusen Rinne Oy

Housing services..... 020 127 7200

Fax ..... 020 127 7260

[www.vts.fi](http://www.vts.fi)

The VTS Homes housing service helps the following groups to look for a conveniently priced apartment: families with many children, disabled people, young couples and people who for social reasons are in special need of accommodation. VTS homes manages some 7,550 apartments throughout Tampere.

### Tampereen Kotilinnasäätö

Puutarhakatu 8 A..... (03) 213 6600

Fax ..... (03) 213 6620

Monday 9.30–15.30, Tuesday to Thursday

9.30–14.00, Friday 9.30–13.00

[www.kotilinna.fi](http://www.kotilinna.fi)

Rental apartments for pensioners.

### Tampereen Seudun Nuorisoasunnot ry / Kiinteistö Oy Kullervo Nuorisoasunnot

..... 020 127 7246

Fax ..... 020 127 7211

[www.nuorisoasuntoliitto.fi/tasna](http://www.nuorisoasuntoliitto.fi/tasna)

Rental apartments for young people.

Other providers of rental apartments

(brochures available at One-stop Housing Centre)

### YH Länsi Oy

Aleksis Kiven katu 26

Rental apartments ..... (03) 225 3022

Monday to Friday 10.00–16.00

[www.yh.fi](http://www.yh.fi)

### Insinöörioppilastalo Oy

[www.insinoorioppilastalo.fi](http://www.insinoorioppilastalo.fi)

### Kiinteistö Oy Opintanner

[www.opintanner.net](http://www.opintanner.net)

### Pirkan Opiskelija-asunnot Oy

For students and working young people

Student housing..... (03) 265 2566

[www.opintanner.net/pirkan](http://www.opintanner.net/pirkan)

Appr. 1,700 apartments in total

### VVO-yhtymä Oyj

Kyllikinkatu 15 B, street level

Rental apartment service ..... 020 508 4450

Fax ..... 020 508 4453

Monday, Tuesday, Thursday and Friday

8.30–14.00, by appointment 16.00,

Wednesday 10.00–17.00

[www.vva.fi](http://www.vva.fi)

### Sato-Asuntopalvelu

Satakunnankatu 28..... (03) 3141 0430

Fax ..... (03) 3141 0450

Monday 9.00–18.00, Tuesday to Thursday

11.00–17.00, Friday 9.00–16.00

In summer (June 1 – August 31):

Monday 09.00–17.00, Tuesday to Thursday

10.00–16.00, Friday 09.00–16.00

[www.sata.fi](http://www.sata.fi)

### TA-Asumisoikeus Oy

Tuomiokirkonkatu 34 A, 2nd floor... (03) 271 2200

Fax ..... (03) 271 2211

Monday to Friday 8–15.30

[www.ta-asumisoikeus.fi](http://www.ta-asumisoikeus.fi)

### Tampere District Student Housing Foundation TOAS

Iidesaukio 1 ..... (03) 249 5560

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Fax..... (03) 249 5227  
Monday to Wednesday and Friday 08.15–15.30,  
Thursday 08.15–18.00  
[www.toas.fi](http://www.toas.fi)

The foundation builds, maintains and rents out apartments for students in Tampere.

### Kiinteistöpalvelu Isotalo Oy

Verstaankatu 4 A 4..... (03) 3122 4700  
Fax..... (03) 3122 4750  
Monday to Friday 8–00–12.00 and 13.00–16.00  
In summer (June 1 – August 31):  
Monday to Friday 08.00–14.00  
[www.isotalo.fi](http://www.isotalo.fi)

### Pirkanmaan AVO-Asunnot

Hallituskatu 17..... (03) 213 3595  
Fax..... (03) 343 9117  
Monday to Friday 9–16  
[www.pirkamaanavoasunnott.fi](http://www.pirkamaanavoasunnott.fi)

### Suomen Asumisoikeus Oy

Kyllikinkatu 15 B ..... 020 508 4424  
[www.suomenasumisoikeus.fi](http://www.suomenasumisoikeus.fi)

In Tampere, Suomen Asumisoikeus Oy is represented by VVO-kotikeskus. You can also apply for right-of-occupancy flats from YH-Rakennuttajaosuuskunta, VVO-kotikeskus and TA-Asumisoikeus Oy.

### Municipal Housing Office

(*Tampereen kaupungin asuntotoimi*)

Puutarhakatu 8 A, 6th floor..... (03) 565 611  
Fax..... (03) 5656 5461  
Monday to Friday 8.30–15.45  
Loan recoveries and payment..... (03) 565 611  
Puutarhakatu 8 A, 1st floor,  
Monday 9.30–17.00, Tuesday to Thursday  
9.30–15.00, Friday 9.30–13.00  
Fax..... (03) 5656 5657

The office grants municipal loans for the purchase, building and repair of privately owned dwellings and is in charge of the recoveries and payments of personal state-subsidised housing loans (ARAVA) and municipal housing loans. Furthermore, the Housing Office acts as an agent for state benefits for building and repairing privately owned dwellings. In addition, the office issues repair and energy grants. Right-of-occupancy flats are applied for through the Housing Office.

### Tampere City Real Estate Office

(*Tampereen kaupungin kiinteistötoimi*)

Frenckellinaukio 2 D ..... (03) 565 611  
Monday to Friday 8.30–15.45

The Tampere City Real Estate Office manages the land and water properties owned by the municipality. Among other things, the office rents and sells building plots for one-family houses.

When you move, you need to notify the Post Office and the Register Office of Tampere of your new address.

### Tampere Register Office (*Tampereen maistraatti*)

Hatanpään valtatie 24 ..... 071 874 0341  
Monday to Friday 8.00–16.15  
[www.maistraatti.fi](http://www.maistraatti.fi)

## 1.5. Immigrant work co-ordinators

Head Co-ordinator

City Central Office Building (*Keskusvirastotalo*),  
Aleksis Kiven katu 14–16 C..... 040 572 7932

The goal of the City of Tampere is to offer all Tampere residents the same services regardless of their mother language. Immigrants need guidance particularly in the local conditions.

The task of the head co-ordinator is to promote the co-operation between officials and organisations working with immigrant issues in Tampere.

The co-ordinators of different sectors work with immigrant issues in their respective sectors.

Co-ordinator of Cultural Services

Puutarhakatu 11 C ..... 050 372 7904  
Fax..... (03) 5656 6756

Co-ordinator in general education

Social, Health and Culture Services, Basic  
Education, Development Unit,  
Puutarhakatu 11 C ..... 050 550 6704  
Fax..... (03) 5656 6697

Co-ordinator in upper secondary education

Sairaalankatu 6..... 050 372 7935  
Fax..... (03) 5656 7108



Co-ordinator of the Development Unit of Social, Health and Culture Services  
 Koulukatu 9..... 050 563 5482  
 Fax ..... (03) 5657 5291

## 1.6. Information offices

The City of Tampere has several offices providing brochures and information on various topics.

### Municipal information office

*(Kunnallisasiain neuvonta)*

City Central Office Building *(Keskusvirastotalo)*

Aleksis Kiven katu 14–16 C..... (03) 5656 6300

Monday to Friday 8.30–15.45

neuvonta@tampere.fi

The municipal information office offers all kinds of information on municipal services in Tampere. Brochures on various municipal offices are available, as well as information on which municipal administration office handles a specific question. New Tampere residents may come to the municipal information office to pick up an information package on Tampere.

### Senior information *(Ikäpiste)*

Aleksis Kiven katu 18..... (03) 5656 5700

Monday to Friday 9–14

ikapiste@tampere.fi

[www.tampere.fi/ikapiste](http://www.tampere.fi/ikapiste)

Information on services provided for senior citizens.

### Cultural and Youth Services

Puutarhakatu 11 ..... (03) 5656 6137

Fax ..... (03) 5656 6756

Monday to Friday 8.30–15.45

General information on cultural services.

### Tampere City Tourist Office *(Matkailutoimisto)*

Verkatehtaankatu 2..... (03) 5656 6800

Fax ..... (03) 5656 6463

touristbureau@tampere.fi

1. January 1–May 31 Monday to Friday 9.00–17.00

1. June 1–August 31 Monday to Friday 9.00–20.00,

Saturday and Sunday 10.00–17.00

1. September 1 – September 30 Monday to Friday

9.00–17.00, Saturday and Sunday 10.00–17.00

1. October 1 – December 31 Monday to Friday

9.00–17.00

### Information on Social Services... (03) 5657 0200

Telephone times: Monday to Thursday

8.00–11.00 and 13.00–15.00,

Friday 8.00–11.00 and 13.00–14.00

### Frenckell Service Point *(Palvelupiste Frenckell)*,

Frenckellinaukio 2 B

Monday to Friday 8.30–17.30, Saturday 10.00–15.00

In June and July closed on Saturday

Service numbers:

Frenckell Service point..... (03) 5656 6700

Public Transport ..... Timetables and route maps

information, answering machine

in Finnish 24 h ..... 0100 0505

Fax ..... (03) 5656 6790

Electronic customer service and feedback

palvelupiste.frenckell@tampere.fi

[www.tampere.fi/asiointi/pisteet/palvelupistefrenckell](http://www.tampere.fi/asiointi/pisteet/palvelupistefrenckell)

Services

- Travel cards, timetables and route information
- information on street, traffic and park plans that are pending and available for public inspection
- physical planning, maps, building specifications, services for builders
- information related to the construction of streets, parks and maintenance
- information related to environmental affairs and food supervision

## 1.7. Internet

There are several free access points in Tampere. You can also read your email at any of the public Internet points. Advance reservations are usually not needed.

*Purchasing an Internet connection, see Telephone and Internet services 1.11*

Photo: Perri Kivinen



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Public Internet points are listed at  
[www.tampere.fi/hakemistot/nettipisteet/](http://www.tampere.fi/hakemistot/nettipisteet/)

## Net Squares (*Tietotorit*)

Hervanta and Sampola libraries have Net Squares ("information agora") that provide guidance in the use of computers, the e-mail and the Internet. Basic computer courses are also held at Net Squares, free of charge.

Hervanta Library Net Square ..... (03) 5657 2449  
Insinöörinkatu 38

Sampola Library Net Square  
Sammonkatu 2 ..... (03) 5657 8696

## Libraries

The libraries in Tampere have a total of over 100 workstations reserved for the use of customers. You can also access the Internet at the Newspaper Reading Room. All libraries have a wireless WLAN area. Advance reservations can be made for some of the computers. You can use the Internet free of charge.

**Main Library Metso** (*Pääkirjasto Metso*),  
Pirkankatu 2 ..... (03) 565 614  
Monday to Friday 9.30–20.00, Saturday  
9.30–15.00, Sunday 11.00–17.00 (reference  
library only)

**Newspaper Reading Room**  
Puutarhakatu 1 ..... (03) 5656 4048  
Monday to Friday 9–20.00, Saturday 9–15,  
Sunday 11.00–17.00

**Roosa mobile library**  
Timetables ..... (03) 5656 4046

**Netti-Nyssa Internet bus**  
Tampere City Library  
Pirkankatu 2 ..... (03) 5656 4043  
The services of the Netti-Nyssa Internet bus  
are intended for all residents of Tampere. At  
Netti-Nyssa, you can obtain guidance in using the  
computer, email and Internet, and there are also  
free computer courses for beginners.

## Branch libraries

Hervanta Library  
Insinöörinkatu 38 ..... (03) 5657 2430

Monday to Friday 10.00–19.00,  
Saturday 10.00–15.00

Hervanta Net Square  
Insinöörinkatu 38 ..... (03) 5657 2449  
Monday to Friday 10.00–19.00,  
Saturday 10.00–15.00

Härmälä Library  
Nuolialantie 47 ..... (03) 5654 2705  
Monday, Tuesday and Thursday 13.00–19.00,  
Friday 13.00–17.00, Wednesday and Saturday  
11.00–15.00

Kaukajärvi Library  
Käätykatu 6 ..... (03) 5654 2710  
Monday to Thursday 11.00–19.00,  
Friday 10.00–18.00, Saturday 11.00–15.00  
Please note! Due to renovation work, the library  
will be closed from October 2006 to the autumn  
of 2007!

Kovistonkylä Library  
Lehväkatu 9 ..... (03) 5654 2704  
Monday, Tuesday and Thursday 13.00–19.00,  
Friday 11.00–17.00, Wednesday and Saturday  
11.00–15.00

Kämmenniemi Library  
Paavolantie 4 ..... (03) 5653 4212  
Monday, Tuesday and Thursday 13.00–19.00,  
Wednesday and Friday 11.00–15.00,  
Saturdays closed

Lamminpää Library  
Ylöjärventie 55 ..... (03) 5654 2703  
Monday, Tuesday and Thursday 13.00–19.00,  
Friday 11.00–15.00, Wednesday and Saturday  
closed

Lentävänniemi Library  
Vähäniemenkatu 42 ..... (03) 5654 2711  
Monday to Thursday 12.00–19.00,  
Friday 12.00–17.00, Saturday 11.00–15.00

Messukylä Library  
Hintsankatu 1 ..... (03) 5653 4208  
Monday to Thursday 12.00–19.00,  
Friday 11.00–18.00, Saturday 11.00–15.00

Nekala Library  
Lounaantie 2 ..... (03) 5654 2702  
Monday, Tuesday and Thursday 13.00–19.00,

Wednesday, Friday and Saturday 11.00–15.00  
Please note! Due to renovation work, the library will be closed from May 2007 to the spring of 2008!

Pellervo Library  
Uimalankatu 5..... (03) 5653 4260  
Monday to Friday 10.00–19.00, Saturday 10.00–15.00

Peltolampi Library  
Säästäjänkatu 16..... (03) 5654 2701  
Monday, Tuesday and Thursday 13.00–19.00,  
Wednesday, Friday and Saturday 11.00–15.00

Sampola Library  
Sammonkatu 2..... (03) 5657 8694  
Monday to Friday 11.00–20.00,  
Saturday 10.00–15.00

Sampola Net Square  
Sammonkatu 2 ..... (03) 5657 8696  
Monday to Friday 11.00–20.00,  
Saturday 10.00–15.00

Terälahti Library  
Niemikyläntie 14 ..... (03) 5654 2713  
Monday, Tuesday and Thursday 14.00–20.00

Tesoma Library  
Kohmankaari 9 ..... (03) 5654 2706  
Monday to Thursday 11.00–19.00,  
Friday 9.00–17.00, Saturday 11.00–15.00

## Other Internet access points

One-stop Housing Centre (*Asuntotori*)  
Puutarhakatu 8 ..... 020 127 7215

Hatanpää hospital  
Hatanpäänkatu 24 ..... (03) 565 713

Hervanta Social welfare centre  
(*Hervannan sosiaaliasema*)  
Lindforsinkatu 8 ..... (03) 5657 2413

Senior information (*Ikäpiste*)  
Aleksis Kiven katu 18..... (03) 5656 5700  
- Only for the customers of Senior information.

City Central Office Building (*Keskusvirastotalo*)  
Aleksis Kiven katu 14–16 C..... (03) 5656 6300

Koukkuniemi old age home  
(*Koukkuniemen vanhainkoti*)  
Rauhaniementie 19..... (03) 565 712

Cultural Centre Unipoint  
Old Library Building (*Vanha kirjastotalo*), 2nd floor,  
Keskustori 4 ..... (03) 5656 5857

Linnainmaa Social Welfare and Health Centre  
(*Linnainmaan sosiaali- ja terveysasema*)  
Kirvialänkatu 2 ..... (03) 5657 9062

Tampere City Tourist Office (*Matkailutoimisto*)  
Verkatehtaankatu 2..... (03) 5656 6800

Museum Centre Vapriikki  
Veturiaukio 4 ..... (03) 5656 6966

Vuoltsu Netcafé  
Vuolteenkatu 13..... (03) 5656 4899

Näshalli Sports Centre  
Näsijärvenkatu 8 ..... 040 838 0662

Frenckell Service point (*Palvelupiste Frenckell*)  
Frenckellinaukio 2 B..... (03) 5656 6700

Pispa Service Centre (*Pispan palvelukeskus*)  
Simolankatu 4 ..... (03) 5657 9200

Sarvis Social welfare centre (*Sosiaaliasema Sarvis*)  
Hatanpäänkatu 3 B..... (03) 5657 4900

Takahuhti Service Centre (*Takahuhdin palvelukeskus*)  
Kirjavaisenkatu 15..... (03) 5657 4111

Tammela Service Centre (*Tammelan palvelukeskus*)  
Itsenäisyydenkatu 21 B ..... (03) 565 718

Tampere Hall (*Tampere-talo*)  
Yliopistonkatu 55..... (03) 243 4111

Tampere University Hospital TAYS  
(*Tampereen yliopistollinen sairaala*)  
Teiskontie 35..... (03) 311 611

Tesoma Health Centre (*Tesoman lääkäriasema*)  
Kohmankaari 9 ..... (03) 5657 9300

Reception Centre for Asylum Seekers  
(*Turvapaikanhakijoiden vastaanottokeskus*)  
Pohjolankatu 25 A..... (03) 5657 7540

# 1. LIVING IN TAMPERE

Moreenia, Centre for Urban Environment  
(*Ympäristötietokeskus Moreenia*)  
Satakunnankatu 13b,  
spillway bridge ..... (03) 5656 5655

## Internet access points owned and operated by private companies and organisations

Ahjola Adult Education Centre  
(*Ahjolan kansalaisopisto*)  
Ajholankatu 3 ..... (03) 253 8400

eTupa  
Itsenäisyydenkatu 25 ..... (03) 212 5050

Validia training centre of the Finnish Association  
of People with Mobility Diseases FMD  
(*Invalidiiliton koulutuspieste Validia*)  
Insinöörinkatu 17 ..... (03) 318 6377

FMD's Validia services in Tampere  
Insinöörinkatu 12 ..... (03) 3143 7111

Civic Centre Mansikkapaikka  
Lentävänniemenkatu 6 ..... (03) 346 5044

Kaukajärvi Community Work Association  
(*Kaukajärven yhteisötyö ry*)  
Järvikatu 6 E ..... (03) 363 1658

Summer Café Arboretum  
Hatanpään puistokuja 1 ..... 050 374 3957

"Info hut" at Lamminpää clubhouse  
(*Lamminpään kerhotalon Info-tupa*)  
Ylöjärventie 32 ..... (03) 3450 587

"Information hut" of the Pispala Library  
Association (*Pispalan kirjastoyhdistyksen tietotupa*)  
Tahmelankatu 14 ..... (03) 223 9654

Day centre Mustalammas  
(*Päiväkeskus Mustalammas*)  
Pellavatehtaankatu 17 H ..... (03) 219 0372

Cafeteria of the Silta rehabilitation association  
(*Silta-valmennusyhdistyksen lounaskahvila*)  
Vehnämyllynkatu 4 ..... 050 918 2060

Ydintupa community hut of the Tampere A Guild  
(*Tampereen A-killan Ydintupa, yhdyskuntatupa*)  
Nekalantie 55 B 11 ..... (03) 213 3529

Tampere region employment association Etappi  
(*Tampereen seudun työllistämisyhdistys Etappi*)  
Vuolteenkatu 11 ..... (03) 3122 3700

Internet corner (*nettinurkka*) at Tesoman Naapuri  
Ristimäenkatu 35 ..... 050 384 6494

Tullikamarin klubi  
Tullikamarin aukio 2 ..... (03) 343 9933

Vastavirta-klubi  
Pispalan valtatie 39 ..... 050 516 0644

## 1.8. National holidays

On national holidays most offices, banks and shops are usually closed. Some fast-food stands, kiosks and service stations may be open. Many offices close their doors earlier than usual on the day before a holiday.

January 1 ..... New Year's Day  
January 6 ..... Epiphany  
April ..... Easter  
May 1 ..... May Day  
May ..... Ascension Day  
June ..... Midsummer Eve and Midsummer Day  
December 6 ..... Independence Day  
December 24 and 25 ..... Christmas Eve and Christmas Day  
December 26 ..... Boxing Day

## 1.9. Postal Services

There are local post offices in different parts of the city. Stamps can be bought at the post offices, newsagents and some grocery stores. Telegrams can be sent for a fee from post offices. When you move home, you can make a change of address at a post office, for example.

Main Post Office (*Tampereen pääposti*),  
Rautatienkatu 21 ..... 020 4511  
Opening hours: Monday to Friday 7–17

Post Office Customer Service  
Private customers (local network charge/mobile call charge) ..... 020 071 000  
Companies (local network charge/mobile call charge) ..... 020 077 000  
Monday to Friday 8.00–20.00, Saturday 10.00–14.00  
[www.posti.fi](http://www.posti.fi)



## 1.10. TV and radio programmes in various languages

YLE NEWS, television news in English, on Yle TV 1 each weekday morning. [www.yle.fi/news](http://www.yle.fi/news)  
Euronews in English, German, French and Russian  
[www.yle.fi/news/euronews\\_languages.html](http://www.yle.fi/news/euronews_languages.html)  
For information on English and Russian radio news, visit [www.yle.fi/rfinland/](http://www.yle.fi/rfinland/)

Weekly current affairs programme Uninews on Diggari channel (channel 6 in Tampere), the new diggari+ channel (channel 22 in the digital network) and the Internet at ([www.tampere.fi/english/culture/uninews](http://www.tampere.fi/english/culture/uninews)) in Russian, Persian and Chinese. Finnish subtitles. News in each of these languages are broadcast 7 minutes per week. Broadcasts between September 1 to May 31 on Saturdays, Sundays and Mondays. From June to August Uninews has no broadcasts.

## 1.11. Telephone and Internet services

### Telephone

Telephones are extremely important instruments of communication in Finland. It is advisable to obtain a telephone number as soon as possible. Both landlines and mobile GSM subscriber connections are possible. Study the service range of the various telephone network companies and mobile phone operators. Prices can vary a lot.

In addition to private telephones, there are also public telephones that in Finland are usually operated either with coins or telephone cards. These cards can be bought at most newsagents.

Long distance calls abroad can be made through several different network operators. You choose your operator by dialling the operator code before the country code, city code and the telephone number.

### Internet

There are several free-of-charge Internet access points around Tampere, for instance in libraries and special Internet points (*nettipiste*). See 1.7. *Internet*.

Private home connections can be bought at telephone companies and shops that sell electronics. Prices can vary a lot.

## 1.12. Television

You must pay a television fee in order to use a television.

Keeping or storing a television set so that it may be used at any time, with minor adjustment, to receive TV programmes is regarded as television use.

You must pay the television fee no matter which programmes or channels you watch or how frequently you watch them. Receiving programmes by means of a satellite antenna also requires a television fee.

You must notify the authorities of television use before starting to use it. The notification of the use of a television will be valid at the earliest on the day it is received by the Television Fee Administration. You can provide notification of the use of a television by telephone (09) 613 161, via the Internet at [www.tv-maksu.fi](http://www.tv-maksu.fi) or by filling in a notification form available at the post office.

Finnish broadcasting will go over to digital technology only on August 31 2007. After that, watching TV will require a digital tuner or digital television set. Digi TV Info answers any questions concerning digital television. The service is available in Finnish, Swedish and English.  
National service number..... 0306 344 488  
(from a landline 8.21 cents/call + 1.16 cents/minute from a mobile phone 29.7 cents/min)

### Cable and satellite television

If the building where you live is connected to a cable network, you can receive international cable television transmissions. Buildings not connected to a cable network can be equipped with satellite receivers. Consult shops that sell television aerials and domestic appliances.

### Subscriptions:

Tampereen Tietoverkko Oy,  
Hallituskatu 16..... (03) 216 6300  
[www.ttv.fi](http://www.ttv.fi)

## 1.13. Waste management and recycling

Tampere Regional Solid Waste Management Ltd. (*Pirkanmaan Jätehuolto*) is responsible for the collection of waste in the Tampere area. Residents

# 1. LIVING IN TAMPERE

must themselves sort their own waste. If there are at least five flats in the building where you live, separate containers must be reserved for biowaste and paper.

**Tampere Regional Solid Waste Management Ltd**  
Naulakatu 2..... (03) 240 5111  
[www.pirkanmaan-jatehuolto.fi](http://www.pirkanmaan-jatehuolto.fi)

There are a number of collection points in Tampere for recoverable waste such as glass jars or metal cans. Tins and glass jars, for instance, are recoverable waste. Old batteries can also be discarded at collection points. Addresses are available on the company's website.

Household hazardous waste includes adhesives, varnish and fluorescent tubes, for example. Special lorries (Repe&Romu) drive around the city and collect household hazardous waste, metal scrap and old household appliances. The lorry's timetable is available on the above-mentioned website and can also be obtained from Moreenia, the Centre for Urban Environment. You can also take household hazardous waste to the eco-centre yourself.

## **Eco-centre** (*Hyötyjätekeskus*)

Viinikankatu 42

Monday and Tuesday 10.00–17.00 and  
Wednesday to Friday 9.00–16.00.

Reception of household hazardous waste, sorted recoverable waste and household appliances that can no longer be used.

Glass, metal and cardboard:

Local drop-off collection points or the eco-centre.

Medicines:

Outdated medicines and broken thermometers, medicine syringes and needles should be taken to a chemist's.

Old batteries:

There are collection boxes around the city, and market places and supermarkets' parking places have drop-off collection points with red-coloured collection boxes for batteries. Also: Repe&Romu lorries and the eco-centre (*Hyötyjätekeskus*).

Car batteries and waste oil:

Eco-centre and toxic waste containers at Shell service station in Hervanta and K-Rauta hardware store in Lielähti.

## **Recycling centres**

You can take useful things you do not need to a recycling centre (*kierrätyskeskus*), where you might also find something useful for yourself.

Epilä, Pispalan valtatie 138, no telephone

Hepokatti, Mustanlahdenkatu 22... (03) 212 6505

Pyynikki, Koulukatu 19..... (03) 214 7933

Ratina, Hatanpään valtatie 3 ..... (03) 212 6577

## 1.14. Water supply

Tampere Water (*Tampereen Vesi*)

Viinikankatu 42, exchange ..... (03) 565 613

Customer Service..... (03) 5656 3600

Fax..... (03) 5656 3601

Emergency service 24 h .....0800 90 172

Tampere Water is a public utility that provides services relating to community water supply and sewerage. Contact the customer service in matters dealing with water supply and sewerage contracts, invoices and water meters.

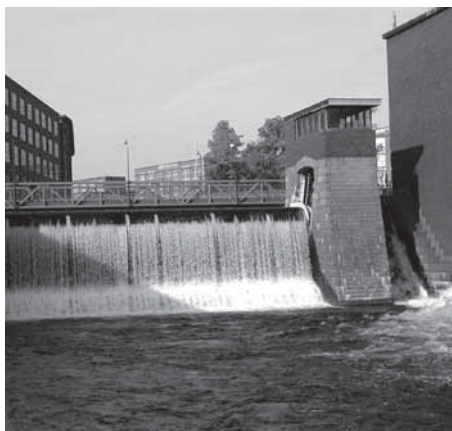


Photo: Marja-Riitta Koponen



## 2. SOCIAL SERVICES AND HEALTH CARE

Apart from acute medical treatment, the municipal social and health care services are only meant for people living in Tampere. You are entitled to these services if you are registered in Tampere, in other words if you have submitted the necessary forms to the Tampere Register Office. The students of educational institutions located in Tampere are entitled to student health care, and university students have their own health care system.

Department of Social Services and Health Care  
(*Sosiaali- ja terveystoimi*)  
Koulukatu 9..... (03) 565 711

### 2.1. Adult welfare clinics (*Aikuisneuvonta*)

Adult welfare clinics provide neighbourhood health care services. The clinics have a public health nurse giving health advice, monitoring patients and working for the prevention of public health problems. Services include free medical treatment, distribution of free treatment materials and inoculations.

Further information ..... (03) 565 711

### 2.2. Mobility aids

Crutches and other aids are lent to Tampere residents free of charge.

Mobility aid unit (*Tampereen kaupungin apuvälineyksikkö*)  
Hatanpäänkatu 10

Monday, Tuesday, and Wednesday 8.00–16.00,

Thursday 8.00–17.00, Friday 10.00–15.00

Lending ..... (03) 5657 2865

Maintenance ..... (03) 5657 2860

### 2.3. Diabetes clinic (*Diabetesvastaanotto ja neuvonta*)

Social and Health Building (*Sosiaali- ja terveystalo*),  
Satamakatu 17 A

Office ..... (03) 5657 3902

Monday and Thursday 8.00–15.00, Tuesday and  
Wednesday 8.00–17.00, Friday 8.00–14.00

Appointments ..... (03) 5657 0151

Monday, Tuesday, Thursday and  
Friday 09.00–10.00 and 12.00–13.00

Diabetes clinic offers counselling and guidance of  
self-care to diabetics.

### 2.4. Child support security

Child support security office (*Elatusturvatoimisto*),  
Koulukatu 9..... (03) 565 711  
Monday to Friday 9–15

The social and health board of the local authorities may grant municipal child support (*elatusuki*) to a child if the parent liable to paying child maintenance (*elatusapu, elatusmaksu*) fails to do so or if the maintenance payable by the parent is set lower than the municipal support. Municipal child support is paid even if the paternity of the child born out of wedlock is not confirmed. The application of municipal child support is done at the Child support security office.

### 2.5. Dental care (*Hammashuolto*)

Appointments to all dental clinics  
Monday to Friday 8–17 ..... (03) 5657 0100

Emergency appointments for people in need of  
acute care:

Dental clinic at the Hatanpää Health Centre  
(*Hatanpään lääkäriaseman hammashoitola*)

Monday to Friday from 8-17 ..... (03) 5657 0111

Evenings and weekends ..... 10 023

From mobile phones..... 03 5657 0023

### 2.6. Eye and Ear Clinic (*Korva- ja silmäyksikkö*)

Pyynikki Health Centre (*Pyynikin terveysasema*),  
Koulukatu 9

by doctor's referral only ..... (03) 565 713

### 2.7. School Health Care (*Kouluterveydenhuolto*)

See 2.14. *Maternity and child welfare clinics,  
school health clinics*

### 2.8. Rehabilitation (*Kuntoutustoiminta*)

Medical rehabilitation office (*Lääkinnällisen  
kuntoutuksen toimisto*), Hatanpään puistokuja 8

Departmental secretary ..... (03) 5657 3463

Tesoma Health Centre (*Tesoman lääkäriasema*),  
physical therapy department..... (03) 5657 9327,  
..... (03) 5657 9328

## 2. SOCIAL SERVICES AND HEALTH CARE

Linnainmaa Social Welfare and Health Centre (*Linnainmaan sosiaali- ja terveysasema*), physical therapy department.....(03) 5657 9071

Hervanta Health Centre (*Hervannan lääkäriasema*), physical therapy department .....(03) 5657 2365

Hatanpää Health Centre (*Hatanpään lääkäriasema*), physical therapy department .....(03) 5657 3010

The medical rehabilitation office offers guidance and counselling on rehabilitation. Furthermore, it allocates physiotherapy, occupational therapy, neuropsychological rehabilitation and speech therapy. Counselling and guidance Monday to Friday, 12.00–13.00.

*See also 2.2, Mobility aids.*

### 2.9. Imaging

X-rays and ultrasonic examinations, Hatanpää Hospital (*Hatanpään sairaala*), Hatanpäänkatu 24 by doctor's referral only .....(03) 5657 3514

### 2.10. Child protection

If children are living in unsafe conditions and parental care is inadequate or if young persons are themselves jeopardising their well-being, municipal child protection authorities are duty-bound to help. In Tampere, child protection services are provided by the social workers of the regional Social welfare centres.

Satamakatu 17 B .....(03) 565 711

*See also 2.28, Social work and Social welfare centres*

### 2.11. Health centres (*terveysasema, lääkäriasema*)

In case of illness either call the Telephone Health Service 10023 or visit the nurse at the health centre of the district where you live. No pre-booked appointment is necessary for visiting the nurse. Health centres are open Monday – Thursday 8.00–15.30; on Fridays and days before public holidays 8.00–15.00. Telephone Health Service is available at all times; appointments are made daily 7.00–22.00.

**Telephone Health Service**  
(*Terveyspalvelujen neuvonta*) ..... 10023

From mobile phones.....(03) 5657 0023  
Health centres are open Monday to Thursday 8.00–15.30 and Friday 8.00–15.00.

Atala Health Centre  
Pulkkakatu 1  
Office.....(03) 5657 4411  
Reception nurse.....(03) 5657 4426

Hatanpää Health Centre  
Hatanpäänkatu 24 .....(03) 565 713  
Office.....(03) 5657 3250  
Reception nurse.....(03) 5657 3249

Hervanta Health Centre  
Insinöörikatu 38 .....(03) 565 714  
Office.....(03) 5657 2328  
Reception nurse.....(03) 5657 2379

Kaukajärvi Health Centre  
Keskisenkatu 9  
Office.....(03) 5657 0324

Kämmenniemi Health Centre  
Kämmenniemenkatu 42  
Office.....(03) 5657 4710  
Reception nurse.....(03) 5657 4721

Lielähti Health Centre  
Lielahdenkatu 15  
Office.....(03) 5654 4850  
Reception nurse.....(03) 5654 4856

Linnainmaa Health Centre  
Kirviälänkatu 2 .....(03) 565 619  
Office.....(03) 5657 9022  
Reception nurses .....(03) 5657 9028,  
.....(03) 5657 9030  
.....(03) 5657 9027,  
.....(03) 5657 9026

Pyynikki Health Centre  
Koulukatu 9 D.....(03) 565 713  
Office 1 .....(03) 5657 3939  
Reception nurse.....(03) 5657 3906,  
.....(03) 5657 7395  
Office 2 .....(03) 5657 7377  
Reception nurse.....(03) 5657 7396,  
.....(03) 5657 7397

Rahola-Pispala Health Centre  
Pispalan valtatie 58.....(03) 5657 9300  
Office.....(03) 5657 9342



## 2. SOCIAL SERVICES AND HEALTH CARE

Reception nurse.....	(03) 5657 9341
Tammelakeskus Health Centre	
Itsenäisyydenkatu 21 B.....	(03) 565 718
Office, Tammela district.....	(03) 5657 8876
Reception nurses.....	(03) 5657 8839,
.....	(03) 5657 8892,
.....	(03) 5657 8849
Office, Kaleva district.....	(03) 5657 8850
Reception nurses.....	(03) 5657 8867,
.....	(03) 5657 8842,
.....	(03) 5657 8852
Tesoma Health Centre	
Kohmankaari 9.....	(03) 5657 9300
Office.....	(03) 5657 9325
Reception nurse.....	(03) 5657 9313,
.....	(03) 5657 9330,
.....	(03) 5657 9332

### 2.12. Immigrant services

Immigrant services comprise the Reception Centre for Asylum Seekers (*Turvapaikanhakijoiden vastaanottokeskus*), The Pirkanmaa Interpreter Centre (*Pirkanmaan tulkikeskus*) and the Immigration Office (*Ulkomaalaistoinisto*). The Immigration Office comprises a social services and health centre for refugees and repatriate Finns.

The Immigration Office receives refugees and repatriate Finns and helps them to integrate into the local society.

Social services of the Immigration Office  
Pohjolankatu 25 B, information desk and booking of appointments, 2nd floor..... (03) 5657 7218  
Monday to Friday 9.00–15.00  
Appointments for the  
benefits processors..... (03) 5657 7218

Social workers' telephone time Monday, Tuesday, Thursday and Friday 11.00–11.30

Health services of the Immigration Office  
Pohjolankatu 25 G, information and appointments to public health nurse and doctor  
2nd floor..... (03) 5657 7214  
Monday to Friday 8.30–13.30

Public health nurses without appointments  
Monday to Friday 9.00–10.30.

Pirkanmaa Interpreter Centre  
Pohjolankatu 25 B, information desk  
2nd floor..... (03) 565 711  
Interpreter agency..... (03) 5657 7314,  
..... (03) 5657 7674

The Pirkanmaa Interpreter Centre offers interpreting services to authorities in several refugee languages primarily in the Tampere Region (*Pirkanmaa*). Distance interpreting by telephone or by means of video interpreting equipment is also available. In addition, different kinds of documents are translated here.

Reception Centre for Asylum Seekers  
Pohjolankatu 25 A..... (03) 5657 7540

### 2.13. Mental health services

In order to obtain mental health services, first see your personal doctor (*omalääkäri*). Mental health clinics (*mielenterveystoimisto*) require a doctor's referral. Referrals can be obtained also from mother and child and adult health clinics (*neuvola*), occupational health providers and social workers.

Mental Health Centre (*Mielenterveyskeskus*)  
Hallituskatu 8 B, 3rd and 4th floor..... (03) 565 715

Hervanta Mental Health Clinic  
Lindforsinkatu 1..... (03) 565 714

Southern Tampere Mental Health Clinic  
Hatanpääkatu 22..... (03) 565 713

Kaukajärvi Mental Health Clinic  
Keskisenkatu 9..... (03) 5657 0311

Linnainmaa Mental Health Clinic  
Kirvialänkatu 2..... (03) 565 619

Team for intensified psychiatric home nursing  
Pohjolankatu 25 B..... (03) 565 718

Rehabilitation team for immigrants  
Pohjolankatu 25 B..... (03) 5657 8645,  
..... (03) 5657 8647

Mental Crisis Team  
Hatanpääkatu 22..... (03) 5657 2910  
Monday to Friday 8.00–15.00

## 2. SOCIAL SERVICES AND HEALTH CARE

Youth psychiatry, Koulukatu 9  
5th floor.....(03) 565 711  
Appointments booking on weekdays 12.00–12.30

### 2.14. Maternity and child welfare clinics, school health clinics

Maternity and child welfare clinics, school health clinics.....(03) 565 713

Maternity clinics take care of the family during pregnancy, childbirth and the period shortly after birth. Contact the maternity clinic (*äitiysneuvola*) of your district when you are 7 to 9 weeks pregnant.

The services of the child welfare clinic (*lastenneuvola*) are intended for all children under school age.

School health care belongs to the sphere of primary health care services. It is statutory and free of charge. Pupils and their parents may contact a public health nurse in matters dealing with the pupil's health and well-being. Public health nurses are available at schools at set times, even without appointment.

### 2.15. Information services

Information on Social Services.....(03) 5657 0200  
Telephone times Monday to Thursday 8.00–11.00 and 13.00–15.00, Friday 8.00–11.00 and 13.00–14.00

Social service advisors deal with economic problems, matters of child protection, substance abuse and other life crises. They can also help in issues related to children's daycare and old-age care. Their services are limited to general information; they make no official decisions.

Telephone Health Service (*Terveyspalvelujen neuvonta*)  
Every day 24 h..... 10 023  
From mobile phones.....(03) 5657 0023

From these phone numbers you can receive advice and instructions for acute illnesses and other health-related problems. Booking of appointments every day 7.00–22.00. When you hear the "on hold" signal (long low tone, short low tone, long high tone), do not hang up but wait for your turn.

See also Senior information (*Ikäpiste*), 1.6 Information offices.

### 2.16. Student health care (*Opiskelijaterveysneuvolto*)

Tullinkulma health centre for students  
(*Tullinkulman opiskelijoiden terveysasema*)  
Hammareninkatu 7, 4th floor .....(03) 5657 8501  
[www. www.tampere.fi/opiskeluterveys/english](http://www.tampere.fi/opiskeluterveys/english)

### 2.17. Service bus (*Palvelubussi*)

Bus timetables and routes from the Tampere City Transport Information Office (*Tampereen kaupungin joukkoliikenteen neuvonta*),  
Frenckellinaukio 2 B .....(03) 5656 4700

Automatic timetable and route information  
(0.44 euros per call + local network charge)  
..... 0100 0505  
The service bus is a transport service for elderly people and people with disabilities.

### 2.18. Department of family affairs (*Perheasiainyksikkö*)

Child welfare officers handle the confirmation of paternity of children born out of wedlock as well as issues dealing with the custody, place of residence and visiting of children.

Social & health building (*Sosiaali- ja terveystalo*)  
Koulukatu 9, 3rd floor.....(03) 565 711

### 2.19. Family counselling services (*Perheneuvolapalvelut*)

A family counselling clinic (*perheneuvola*) may be contacted when the parents are worried of their child's behaviour, social coping or development, when a family wants help in a crisis situation, when there is tension in the family relations or when divorce is considered.

The on call telephone service gives counselling in emergency matters and helps book appointments.

Family counselling clinic,  
Koulukatu 9.....(03) 5657 5200  
Monday, Wednesday and Thursday 12.00–14.00

### 2.20. Domestic work

Municipal domestic work services are meant for families with young children. Assistance is provided in child care, cooking and other day-to-day chores. Furthermore, parents can get support in parenting issues and information on other services available to families with children.

Domestic help can be ordered by contacting the domestic help officer of the family's own regional unit. Booking time Monday to Friday 9.00–10.30

Hervanta  
Lindforsinkatu 8 ..... (03) 5657 2419

Kaukajärvi, Viiala, Lukonmäki, Hallila  
Lindforsinkatu 8 ..... (03) 5657 2418

Hatanpää, Härmälä, Järvensivu, Koivistonkylä,  
Multisilta, Nekala, Peltolammi  
Lindforsinkatu 8 ..... (03) 5657 2497

Linnainmaa, Leinola, Vehmainen, Atala, Olkahinen  
Kirviälänkatu 2 ..... (03) 5657 9050

City centre east of Tammerkoski rapids,  
Hakametsä, Janka, Takahuhti, Teisko  
Kirviälänkatu 2 ..... (03) 5657 9051

City centre west of Tammerkoski rapids,  
Haapalinna, Hyhky, Lielähti, Lentävänniemi  
Koulukatu 9 ..... (03) 5657 7234

Rahola, Kalkku, Epilä, Lamminpää, Tesoma  
Koulukatu 9 ..... (03) 5657 5268

### 2.21. Psychologists

#### Services provided by health centre psychologists

Psychologists' services can be obtained through Maternity and child welfare clinics, Health centres, the Neuropsychological examination of adults, the Youth clinic and Student health care. Welfare clinic and health centre psychologists provide short-term counselling and information services, help sort out problems, carry out psychological testing and provide short-term therapy. Additionally, maternity and child welfare clinic psychologists carry out psychological examination of children under school age. In order to see a welfare clinic psychologist you need a referral from your maternity and child welfare clinic. In order to see a health centre

psychologist you need a referral from your personal doctor.

Head psychologist,  
Koulukatu 9 D ..... (03) 5657 5424

Maternity and child welfare clinic psychologists  
Linnainmaa Social Welfare and Health Centre,  
Kirviälänkatu 2 ..... (03) 5657 9007  
Hervanta health centre,  
Insinöörinkatu 38 ..... (03) 5657 2329  
Social and Health Building, Koulukatu 9 D,  
4th floor ..... 0400 476 978,  
..... (03) 5657 7586,  
..... (03) 5657 2268,  
..... (03) 5657 3829

#### Health centre psychologists

Koulukatu 9 D, 4th floor  
(Hatanpää Health Centre) ..... (03) 5657 7560  
Koulukatu 9 D, 4th floor  
(Pyynikki Health Centre) ..... (03) 5657 5424  
Koulukatu 9 D, 4th floor  
(Lielähti, Rahola-Pispala and Tesoma health centres)  
..... (03) 5657 7598  
Itsenäisyysdenkatu 21 B, 2nd floor  
(Tammelakeskus Health Centre) ..... 040 801 6209  
Insinöörinkatu 38  
(Hervanta health centre) ..... (03) 5657 2529

#### Youth clinic (*nuorisoneuvola*) and upper secondary general schools (*lukiot*),

Koulukatu 9 D ..... (03) 5657 3889  
Student health care,  
Hammareninkatu 7 B ..... (03) 5657 8512,  
..... (03) 5657 8511  
Neuropsychological examination of adults,  
Koulukatu 9 ..... (03) 5657 5430,  
..... (03) 5657 7665

*See also 1.13, Mental health services*

### 2.22. Substance abuse

Social workers provide advice and counselling regarding to the care of substance abusers and information about special services and rehabilitation.

Raitsu, office for substance abuse prevention  
Suvantokatu 6 ..... (03) 5656 6168  
Fax ..... (03) 5656 6185  
Open Monday 8.30–17.00, Tuesday to Friday

## 2. SOCIAL SERVICES AND HEALTH CARE

8.30–15.45, in summer Monday to Friday  
8.30–15.45

See also 2.28, *Social work and Social welfare centres*

### 2.23. Emergency services

#### Emergency service clinic 24 h

Hatanpää Emergency Service Clinic  
(*Hatanpään päivystysasema*),

Hatanpäänkatu 26 ..... (03) 565 713

Telephone exchange Monday to Friday 7.30–19.00,  
Saturday and Sunday 11.00–19.00.... (03) 565 713

The emergency service clinic cares for people with acute illnesses and minor injuries. The clinic is open round the clock. On weekdays patients should primarily go to their local health centre during its opening hours.

#### Ambulance

Emergency dispatch centre

(*Pirkanmaan häilytyskeskus*) ..... 112

#### Pharmacies on duty 07.00–24.00

Yliopiston apteekki, Hämeenkatu 16  
Keskustorin apteekki, Keskustori 1

#### Substance abuse and social clinic Paussi

Paussi provides social emergency services in child protection and family crisis situations and counselling for substance abusers. During weekends Paussi operates a detox shelter for young people.  
paussi@tamperere.fi

Sorinkatu 12 D ..... (03) 5657 7327,  
..... 0500 625 990

Office hours: Monday to Friday 8.30–15.45

Emergency service: Monday to Friday 8.00–11.00  
and 16.00–24.00, Saturday 24 h, Sunday  
00.00–16.00

### 2.24. Rheumatic clinic (*Reumasairauksien poliklinikka*)

Hatanpää hospital, Hatanpään puistokuja 8

Head nurse ..... (03) 5657 3311

Nurse ..... (03) 5657 3310

### 2.25. Vaccinations

The basic vaccinations, such as tetanus and polio vaccinations, are given at local health centres. Special vaccinations for those travelling abroad

Special vaccinations (such as yellow fever vaccination), malaria medication, vaccination prescriptions

Information ..... (03) 5657 8654

Monday and Wednesday 12.00–13.00, Tuesday,

Thursday and Friday 10.00–11.00

### 2.26. X-rays

See 2.9. *Imaging*

### 2.27. Hospitals

Hatanpää Hospital,

Hatanpäänkatu 24 ..... (03) 565 713

Hatanpää hospital, geriatric and

psychogeriatric wards

Hatanpään puistokuja 8 ..... (03) 565 713

Kauppi hospital,

Parantolankatu 6 ..... (03) 565 713

Kauppi day hospital) ..... (03) 5657 3680

Koukkuniemi old age home ..... (03) 565 712

### 2.28. Social work and social welfare centres

The purpose of social work is to provide services to the residents of Tampere in various kinds of problem situations, such as financial difficulties, custody and visitation of children, child protection issues and substance abuse.

#### Social welfare centres (*sosiaaliasema*)

Each social worker is responsible for a geographical area. Clients are requested to book appointment by their address to the appropriate social worker.

Customers applying for income support for the first time and customers who have not used the services of their social welfare centre in the past two years must make an appointment at Sarvis Social welfare centre (*Sosiaaliasema Sarvis*).

#### Sarvis Social welfare centre

Hatanpäänkatu 3 B 2

Booking of appointments Monday to Friday

9.00–14.00 ..... (03) 5657 4900

#### Social welfare centres by regional unit

Income support, child protection and substance abuse

Hatanpää Social Welfare Centre,

Hatanpäänkatu 22 ..... (03) 565 711



## 2. SOCIAL SERVICES AND HEALTH CARE

Booking of appointments Monday to Friday  
9.00–14.00..... (03) 5657 7641

Hervanta Social Welfare Centre,  
Lindforsinkatu 8 ..... (03) 565 714  
Booking of appointments Monday to Friday  
9.00–14.00..... (03) 5657 2413

Kaukajärvi Social Welfare Centre,  
Keskisenkatu 9 ..... (03) 5657 0311  
Booking of appointments Monday to Friday  
9.00–14.00..... (03) 5657 0341

Linnainmaa Social Welfare and Health Centre,  
Kirviälänkatu 2 ..... (03) 565 619  
Booking of appointments Monday to Friday  
9.00–14.00..... (03) 5657 9062

Tammelakeskus,  
Itsenäisyydenkatu 21 ..... (03) 565 718  
Booking of appointments Monday to Friday  
9.00–14.00..... (03) 5657 8479

Western Social Welfare Centre,  
Koulukatu 9 ..... (03) 565 711  
Booking of appointments Monday to Friday  
9.00–11.00 and 12-14 ..... (03) 5657 7593

### 2.29. Sexually transmitted diseases

Visits: Itsenäisyydenkatu 17 A, 6th floor  
Inquiries: Monday, Wednesday and Thursday  
11.00–12.00, Tuesday and Friday 12.00–13.00  
..... (03) 5657 8653

### 2.30. Income support (*Toimeentulotuki*)

A social worker of a social welfare centre can be contacted when a family has economic problems and cannot cover the housing and living costs with its income, benefits, funds or in any other way.  
*See 2.28. Social work and social welfare centres*

### 2.31. Occupational health care (*Työterveyshuolto*)

Occupational health Tullinkulma (*Tullinkulman työterveys*), Hammareninkatu 5 B.... (03) 5656 4611  
Booking of appointments Monday to Friday  
8.00–14.00..... (03) 5656 4600  
tyoterveys@tampere.fi

### 2.32. Services for the disabled

Office for services for the disabled  
(*Vammaispalvelutoimisto*),  
Koulukatu 9..... (03) 565 711  
The office for services for the disabled supports a disabled person's capacity to function as an equal member of society and works to remove disadvantages and obstacles caused by disability. Some of the services are only meant for the severely disabled, while others concern all disabled people. Decisions implicated in the Act on Services for Disabled People will be taken by a social worker.

### 2.33. Services for the elderly

Services for elderly people comprise service centres, service homes, home help and institutional care. Services are provided in partnership with other agencies.

#### Old age homes

Koukkuniemi Old Age Home  
(*Koukkuniemen vanhainkoti*),  
Rauhaniementie 19..... (03) 565 712  
Inquiries about short-term placement  
..... (03) 5657 6797  
Referrals to long-term care via home help

#### Care for the elderly

Further information of home care and service centres is available at the Koukkuniemi Old Age Home..... (03) 565 712

## 3. SCHOOL SYSTEM AND EDUCATION

### 3.1. Children's day care services and pre-primary education

The objective of children's day care is to support growth, development and learning. High-quality day care is based on the co-operation of children, parents and staff.

In Tampere pre-primary education (*esiopetus, esikoulu*) is available to all six-year-olds, in conjunction with day care centres (*päiväkoti*). Day care office (*Päivähoitotoimisto*), Old Library Building (*Vanha kirjastotalo*), Keskustori 4 ..... (03) 565 611 Fax ..... (03) 5656 5664 [www.tampere.fi/perhepalvelut/paivahoito](http://www.tampere.fi/perhepalvelut/paivahoito)

All children under school age are entitled to receive municipal day care services. Benefit alternatives to municipal day care comprise home care allowance (*kotihoitontuki*) and an allowance for private day care services (*yksityisen hoidon tuki*). Please inquire at your local day care centre regarding any vacancies. Services are also available for those children whose parents work in the evenings or at nights.

**Day care at day care centres** ..... (03) 565 611 There are 82 day care centres in Tampere. The available forms of care are: full time care, part time care and evening care, as well as care according to the parents' work shifts. In addition, special day care can be provided for those children who need special support.

**Family day care** ..... (03) 565 611 The purpose of family day care is to offer personalised day care in a home-like environment. The service is primarily targeted for children under five years of age.

**Children's recreational activities** .... (03) 565 611 Children's recreational activities include clubs, playgroups, play schools and open day care centres.

**Pre-school tuition in various languages** Pre-school education is available even in other languages such as English, French, Swedish and German.

Please inquire at the day care centres regarding any vacancies.

Day care allowances and municipal supplements Further information ..... 050 535 9284 Issues on statutory home care allowance and allowance for private day care are dealt with by the local branch of the Social Insurance Institution (*Kansaneläkelaitos, KELA*), tel. 020 635 8111 [www.kela.fi](http://www.kela.fi)

### 3.2. Basic education (*Perusopetus*)

Basic education is provided by a number of comprehensive schools situated in various parts of Tampere. Comprehensive schools may operate as separate units for grades 1 to 6 and 7 to 9 or as integrated units with grades 1 to 9 in the same building. In addition to the municipal comprehensive schools basic education is provided by Tampere Teacher Training School (*Tampereen Normaalikoulu*) and the following privately run schools: Tampere Rudolf Steiner School (*Tampereen Rudolf Steiner -koulu*), the Swedish Coeducational School of Tampere (*Svenska samskolan i Tammerfors*) and Tampere Christian School (*Tampereen kristillinen koulu*).

The City of Tampere guarantees for all children of school age a place in the comprehensive school of their neighbourhood. Pupils can apply to go to another school with a special curriculum or subject option if this is not available in the neighbourhood school. Changing schools is possible even for other reasons as long as the receiving school can accommodate extra pupils.

Schools run by the City of Tampere primarily accept pupils living in Tampere.

In addition to Finnish and Swedish, basic education is available in Tampere in English, French and German. Furthermore, there is an option to complete grades 1 to 6 according to the Montessori method.

Photo: Studio Sami Helenius



Social, health and culture services, Basic education and day care

Old Library Building (*Vanha kirjastotalo*),  
Keskustori 4 ..... (03) 5656 6289  
Fax ..... (03) 5656 6988  
Monday–Friday 8.30–15.45  
kirjaamo@tampere.fi  
[www.tampere.fi/english/education/basiceducation](http://www.tampere.fi/english/education/basiceducation)

### Immigrants in Finnish schools

In Finland, compulsory education starts at the age of seven. Education is compulsory for all children aged 7–17 living in Finland. The Finnish comprehensive school lasts 9 years. In the comprehensive school system, the instruction, learning materials, daily meals and health care are provided free of charge.

Pupils usually attend a school in their own housing district. In Tampere, there is also a Swedish-language comprehensive school. English-language education is provided at Amuri and Tammela schools. Part of the basic education is given in German at Tammela school and Sampola school and in French at Aleksanteri school and Pyynikki school.

### Preparatory instruction

Before a child with an immigrant background starts school, he or she receives special preparatory instruction. Preparatory instruction is given at Etelä-Hervanta (ages 7–17), Johannes (7–12), Peltolampi (7–12), Sampola (13–17), Tesomajärvi (7) and Pohjois-Hervanta (7) schools. Preparatory instruction usually lasts one year. The main goal of this preparation class is to provide the pupils with basic knowledge of Finnish and sufficient learning skills to enter regular classes. After the preparatory period, immigrant pupils continue their basic education either in a nodal class or the neighbourhood school, where they are also entitled to tuition in Finnish as a second language (S2), remedial tuition and possibly native language tuition for the whole period of basic education.

### Native language tuition

Pupils with immigrant background can also receive instruction of their own mother language, if the parents of at least four pupils from the same language group so wish. Once chosen, this option becomes compulsory. Parents are liable to

take their children to and from mother language class. In the school year of 2006–2007, Tampere's comprehensive schools provided mother language teaching in 21 languages.

### Teaching religion

Religions other than the official Evangelic Lutheran or Orthodox Christianity are taught if the parents of at least three pupils require this. In the school year 2006–2007, such religions taught in Tampere comprehensive schools comprised Islam, Baha'i and Catholic Christianity.

## 3.3. Upper Secondary Education

### Vocational education (*ammattillinen koulutus*) and general upper secondary school (*lukio*)

In Tampere, vocational upper secondary education is given at several vocational institutions: Tampere College (*Tampereen ammattiopisto*), Pirkanmaa Vocational Skills Centre (*Pirkanmaan taitokeskus*), Tampere Vocational Adult Education Centre (*Tampereen aikuiskoulutuskeskus*), Tampere Institute for Social and Health Care Studies (*Tampereen sosiaali- ja terveysalan opisto*), Tampere Institute of Home Economics (*Tampereen kotitalousoppilaitos*) and Ahlman Institute (*Ahlmanin opisto*). Preparatory instruction for adult immigrants intending to enter vocational education is given by Tampere College, Tampere Vocational Adult Education Centre and Tampere Institute for Social and Health Care Services.

Co-ordinator of upper secondary education,  
immigrant affairs..... (03) 5656 7112,  
..... 050 372 7935  
Office secretary, upper secondary education,  
immigrant affairs ..... 040 837 5944  
Fax ..... (03) 5656 7113  
Tampere College  
Sairaalankatu 6..... (03) 565 617  
[www.tao.tampere.fi](http://www.tao.tampere.fi)

International co-ordinator..... (03) 5656 7109,  
..... 050 572 8707  
Fax ..... (03) 5656 7108

Tampere College is an vocational upper secondary school and comprises five institutes: Hervanta Institute (*Hervannan ammattioppilaitos*), Kuru Institute of Forestry (*Kurun metsäoppilaitos*), Pyynikki Institute (*Pyykin ammattioppilaitos*), Tampere Institute of Commerce (*Tampereen*

### 3. SCHOOL SYSTEM AND EDUCATION

*kauppaoppilaitos*) and Tampere Institute of Health Care (*Tampereen terveydenhuolto-oppilaitos*).

Tampere College offers preparatory instruction for immigrants intending to enter vocational education. The aim is to prepare immigrants for vocational studies. Preparatory instruction for immigrants is free of charge. Financial aid for students is available from Kela (*for more information, see Section "Social Insurance Institution of Finland, Kela"*). The share of immigrants in vocational qualification programmes in Tampere College is already 10% and the figure is rising.

Tampere College also provides other instruction particularly directed at immigrants, such as adult immigrants' integration training, labour market training courses, different language and culture courses, apprenticeship training and vocational skills tests.

#### Individual education opportunities

Labour market training courses comprise many options suitable to immigrants. You can apply for these courses at the Employment Office (*työvoimatoimisto*). On some courses you can participate at your own cost. Please contact the educational institution you are interested in and discuss your study opportunities with the immigrant affairs co-ordinator of upper secondary education, tel. (03) 5656 7112, 050 372 7935.

Tampere Vocational Adult Education Centre  
TAKK (*Tampereen aikuiskoulutuskeskus*)

Tampereen valtatie 15 ..... (03) 236 1111  
Hatanpään valtatie 34 G ..... (03) 236 1111  
[www.takk.fi](http://www.takk.fi)

TAKK provides training for immigrants that supports and promotes integration into life in Finland. Key themes of the programmes include social, cultural and language studies, labour market coaching, educational opportunities, practical training and information technology as well as personal counselling and planning for the future. During the courses immigrants can familiarize themselves with the institute's vocational courses as well. Furthermore, immigrants' courses comprise guidance on further studies. Courses in Finnish are available in many levels.

Further information:

head of training ..... 044 7906 360

Varala Sports Institute (*Varalan Urheiluoipisto*)  
Varalankatu 36 ..... (03) 263 1111  
Fax ..... (03) 263 1234  
[info@varala.fi](mailto:info@varala.fi)

Varala Sports Institute provides vocational upper secondary education preparing the students for a career in physical education. Options include pre-vocational and vocational training, further education and courses. The vocational training leads to the basic degree of a physical education instructor and lasts 2–3 years, depending on the educational background of the student. The degree can be completed based on either basic education or upper secondary education and as apprenticeship training. [www.varala.fi](http://www.varala.fi)

#### General upper secondary school (*lukio*)

General upper secondary schools give general instruction which leads to the matriculation examination. The matriculation examination (*ylioppilastutkinto*) enables further studies at a university or polytechnic. Pupils apply for the general upper secondary school by means of the joint application system during the spring term of their last year at comprehensive school. The general upper secondary school can be completed in 2–4 years. At Tampereen lyseon lukio, students can complete the International Baccalaureate (IB) examination in English.

### 3.4. Universities and polytechnics

Pirkanmaa Polytechnic  
(*Pirkanmaan ammattikorkeakoulu*),  
Kuntokatu 4 ..... (03) 245 2111  
Fax ..... (03) 245 2351  
[piramk@piramk.fi](mailto:piramk@piramk.fi)  
[www.piramk.fi](http://www.piramk.fi)  
International office  
(*Kansainvälisyystoimisto*) ..... (03) 245 2364  
Fax ..... (03) 245 2360  
[international.office@piramk.fi](mailto:international.office@piramk.fi)

Pirkanmaa Polytechnic has six different fields of study: Social sciences, business and administration; Tourism, catering and domestic services; Natural sciences; Technology, communication and transport; Social services, health and sports; and Culture.

The Bachelor-level degree programme can be carried out in 17 different degree programmes. The instruction language of three of these programmes

### 3. SCHOOL SYSTEM AND EDUCATION

is English. Second-cycle polytechnic degrees are available in two degree programmes.

Pirkanmaa Polytechnic operates in Tampere, Ikaalinen, Mänttä and Virrat with a student body of some 4,000.

Tampere Polytechnic – University of Applied Sciences (*Tampereen ammattikorkeakoulu*)  
..... (03) 5654 7111  
Fax ..... (03) 5654 7211  
International Office, Teiskontie 33... (03) 5654 7277  
Fax ..... (03) 5654 7238  
international.office@tamk.fi  
**www.tamk.fi**

The strength of Tampere Polytechnic (*TAMK*) is its expertise in technology, business, natural sciences, natural resources and the environmental field as well as culture. Tampere Polytechnic also comprises the Teacher Education Centre (*Tampereen ammatillinen opettajakorkeakoulu*). Tampere Polytechnic has some twenty degree programmes, three of which are given in English. Environmental Engineering and International Business lead to a Bachelor-level degree, and Information Technology leads to a second-cycle polytechnic degree. Furthermore, Tampere Polytechnic offers several short study packages given in a foreign language.

The University of Tampere (*Tampereen yliopisto*)  
Kalevantie 4 ..... (03) 355 111  
International office ..... (03) 3551 7973  
Fax ..... (03) 3551 6503  
intoffice@uta.fi  
**www.uta.fi/studies**

The University of Tampere is a multidisciplinary community with six faculties. The instruction language is Finnish, but an increasing number of courses in almost all faculties are offered in English for the benefit for exchange students. Entire degree programmes are available in English in social sciences, information sciences, health sciences and biotechnology. For the most part English degree programmes aim at a Master's degree, and the programme ranges vary from year to year. Application period for most programmes in English ends in late February or early March.

Tampere University of Technology  
(*Tampereen teknillinen yliopisto*)  
Korkeakoulunkatu 10..... (03) 311 511

International office ..... (03) 3115 2447  
interoff@tut.fi  
**www.tut.fi**

Tampere University of Technology (TUT) provides the highest-level education and research in technology and architecture. Students may complete Bachelor degrees, Master degrees and Doctoral degrees.

TUT is the second largest university of technology in Finland. The TUT campus is situated in Hervanta, some 8 kilometres from Tampere centre.

Tampere University of Technology has 14 Finnish-language degree programmes, with Biotechnology, Science and Engineering and Information and Knowledge Management being the latest additions. Mechanical Engineering, Electrical Engineering and Civil Engineering as well as the internationally successful Architecture have longer histories.

Internationalism is of key importance at TUT both in tuition and in research. The following seven Master's Degree programmes can be completed in English:

- Science and Bioengineering
- Biomedical Engineering
- Radio Frequency Electronics
- Machine Automation
- Information Technology
- Materials Science
- Industrial Engineering and Management

#### 3.5. Finnish language courses for adults

Municipal educational institutes arrange courses in Finnish as a foreign language for adults. These studies are voluntary and students enrol on the courses themselves. Adult immigrants can learn Finnish even on courses provided by the Employment Office. There is a directory maintained and updated by the Tampere Employment Office that lists all Finnish language courses in Tampere. See 7.4. *Tampere Employment Office*.

*Continues on page 28.*

## MAP

A map of the centre of Tampere, indicating the locations of the following service points included in this guide:

1. Frenckell Service point,  
Frenckellinaukio 2 B

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1. City Transport Service point  
Frenckell Service point,  
Frenckellinaukio 2 B

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2. Municipal information office,  
Aleksis Kiven katu 14-16 C

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3. Cultural Centre Unipoint  
Old Library Building,  
Keskustori 4

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4. The Social Insurance Institution  
of Finland, KELA  
Aleksis Kiven katu 18

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5. Cultural affairs,  
Puutarhakatu 11

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6. Main Library Metso,  
Pirkankatu 2

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7. Employment office,  
Hämenkatu 16

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8. Tourist information,  
Verkatehtaankatu 2

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9. Police building,  
Hatanpään valtatie 16

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10. Tampere Power Utility,  
Jokikatu 5





### 3. SCHOOL SYSTEM AND EDUCATION

Tampere general upper secondary school for adults,  
Pyynikintori branch

*(Tampereen aikuislukio, Pyynikintorin toimipiste)*

F. E. Sillanpään katu 7

office .....(03) 5654 6343,

.....(03) 5654 6344

study adviser ..... 050 3257 409

Tampere general upper secondary school for adults,  
Sammon keskuslukio branch

*(Tampereen aikuislukio, Sammon keskuslukion toimipiste)*

Uimalankatu 5, office.....(03) 5654 4520,

.....(03) 5654 4521

study adviser ..... 0400 940 599

Tampere general upper secondary school for adults  
offers Finnish language training for 8 hours per week.

Ahjola Adult Education Centre

*(Ahjolan kansalaisopisto)*

Ahjolankatu 3 ..... (03) 253 8400

Adult Education Centre of the City of Tampere

*(Tampereen työväenopisto)*

Sammonkatu 2.....(03) 5654 2200

Fax.....(03) 5654 2211

Ahjola and Sampola Adult Education Centres arrange Finnish language courses for foreigners (from beginners to advanced). In addition to language courses it is possible to complete general language examinations. You can also study other subjects – social and educational sciences, data processing, almost twenty different languages, you can participate in music and dance classes, practice almost any form of physical exercise, or try your hand in arts and crafts. Some courses are tailored for immigrants. The course fees are reasonable and the courses are open to anyone wishing to participate.



Photo: Studio Sami Helminen



## 4. TRAFFIC AND TRANSPORTATION

### 4.1. Air travel

The following companies offer their services at Tampere-Pirkkala Airport:

Airpro Oy, Terminal 2 ..... 0200 39000  
(1.95 euros/min + local network charge)

Terminal 1 & 2 Info, Ryanair tickets, Omena Hotel and other travel services

[www.airpro.fi](http://www.airpro.fi)

Finnair

Office at Tampere-Pirkkala Airport,

Terminal 1 ..... (03) 383 5333  
Information in English, Swedish and Finnish

..... 0600 140 140  
(3.04 euros/answered call + local network charge)

[www.finnair.fi](http://www.finnair.fi)

SAS Ground Services Finland Oy,

Terminal 1 ..... (03) 383 5566  
Bookings..... 020 386 000

[www.sas.fi](http://www.sas.fi)

[www.blue1.fi](http://www.blue1.fi)

Flight tickets can be purchased at any travel agency or via the Internet.

Civil Aviation Administration (*Ilmailulaitos*) Finavia  
Tampere-Pirkkala Airport..... (03) 283 5311

[www.finavia.fi](http://www.finavia.fi)

There are several international courier services operating in Tampere.

### 4.2. Bus travel

#### Local buses

Central Square (*Keskustori*) and the Coach Station (*Linja-autoasema*) are junctions for the bus traffic in Tampere. The buses of Tampere City Transport (*Tampereen kaupungin liikennelaitos*) stop at Central Square, long-distance buses at the Coach Station. Tampere City Transport buses are blue and white in colour, and they have a route number and a destination sign on them. From Central Square most of the bus lines drive in two directions, so make sure you get on the bus going in the right direction. The private companies' buses have varying colours.

On the buses you can buy single tickets in cash. The cheapest way to travel is to buy a Tampere Travel Card at the City Transport Service Point.

You can load the Travel Card with different kinds of tickets at some fifty service points around Tampere.

Tourists are recommended to buy a Tampere Tourist Card, which is valid for one or more days after the first use of the card. Tampere Tourist Cards are sold at the City Transport Information Office, the kiosks at Central Square, the R-kiosks situated at the railway station, and at the Coach Station.

Tampere City Transport and private bus companies use a joint tariff system inside the city. Even district buses use the City Transport tariff within the city limits. On buses marked with the blue-green label of the joint tariff system you may pay with a Tampere Travel Card or with a Tampere Tourist Card.

Public transport customer service,  
Frenckell Service Point

Frenckellinaukio 2 B..... (03) 5656 4700

Travel cards, timetables and route maps as well as information on bus lines and night buses.

Monday to Friday 8.30–17.30, Saturday 10.00–15.00

In June and July closed on Saturday

Timetables and route information, answering machine in Finnish 24 h..... 0100 0505

Electronic customer service and feedback:

[palvelupiste.frenckell@tampere.fi](mailto:palvelupiste.frenckell@tampere.fi)

[www.tampere.fi/asiointi/pisteet/palvelupistefrenckell](http://www.tampere.fi/asiointi/pisteet/palvelupistefrenckell)

Tampere City Transport office

(*Liikennelaitoksen toimisto*)

Jokipohjantie 24 ..... (03) 565 613

Lost property Monday to Friday 8.30–15.00

#### Long-distance coaches

Well-equipped long-distance coaches provide Tampere with extensive connections to the rest of Finland. Information on timetables, routes and prices:

Matkahuolto, Tampere ..... 0200 4031  
(1.64 euros/call + local network charge)

Tampere Coach Station office, Hatanpään valtatie

5–7, Monday to Friday 8.00–18.00, Saturday

9.00–17, Sunday 10.00–18.00

Central Square office, Aleksis Kiven katu 24

Monday to Friday 6.00–20.00

## 4. TRAFFIC AND TRANSPORTATION

### 4.3. Parking

Tampere Parking Houses Ltd  
(*Tampereen Pysäköintitalo Oy*)  
Satakunnankatu 23 ..... (03) 387 800  
[www.tampereenptalo.fi/](http://www.tampereenptalo.fi/)

Parking spaces on the streets and in multi-level car parks are usually subject to a charge. Price information is usually available in the vicinity of the parking space or at the car park's entrance.

### 4.4. Rail travel

VR Ltd  
Railway station (*Rautatieasema*), Rautatienkatu 25  
[www.vr.fi](http://www.vr.fi)  
Information, timetables and bookings  
.....0600 41 900  
(1 euro/call + local network charge)  
Every day 7.00–22.00

You may also book and buy tickets via the Internet.

### 4.5. Taxi

Tampere, Nokia, Ylöjärvi, Kangasala,  
Lempäälä, Pirkkala ..... 10 041  
(0.74 euros/call + local network charge)  
From mobile phones and  
outside Tampere..... 0100 4131  
(1.07 euros/call + local network charge)  
Taxis for disabled persons ..... 10 045  
(0.74 euros/call + local network charge)

From mobile phones and  
outside Tampere..... 0100 4531  
(1.07 euros/call + local network charge)

Taxi ranks are located, for instance, at the railway and coach stations, Central Square, Pyynikintori Square, in front of the Koskikeskus shopping centre's main door, on Koskikatu Street (*Koskipuisto*) and by the Main Library Metso. You can also call a taxi to come and pick you up from home or any other address.

### 4.6. Boat travel

Boat cruises on the local lakes are provided by Finnish Silverline (*Suomen Hopealinja*) and the Tammer Line on Lake Pyhäjärvi and Poet's Way (*Runoilijan tie*) on Lake Näsijärvi.  
For further information, call the Tampere City Tourist Office ..... (03) 5656 6800

Cruises on the Baltic Sea depart from Helsinki and Turku. For tickets and further information contact a travel agency or a ship company office such as

Silja Line ..... 0600 174 552  
(1.64 euros/call + local network charge/mobile phone charge. Queueing is subject to local network charge.) Every day 8.00–21.15  
[www.silja.fi](http://www.silja.fi)

Viking Line  
Hämeenkatu 14..... (03) 249 0111  
[www.vikingline.fi](http://www.vikingline.fi)

Photo: Jari Mäkinen / Fotaini



What's on in Tampere  
[www.tampere.fi/matkailu](http://www.tampere.fi/matkailu)

### 5.1. Amusement and recreation parks

**Hatanpää Park with arboretum and rose garden**  
Hatanpää..... (03) 5656 6700  
In addition to trees and shrubs, the park displays roses, herbs and perennial plants. More than 500 different species and subspecies of plants. Free entry.

**Children's Traffic Park** (*Lasten liikennepuisto*)  
Joukahaisenkatu 10  
Monday to Friday 09.00–15.00, Saturday 10.00–14.00  
Traffic instruction in summer for children 6–10 years of age. Closed when raining. Free entry.  
Inquiries: The youth information centre  
..... (03) 5656 4890

**Särkänniemi Adventure Park**  
Tampereen Särkänniemi Oy..... 020 713 0200  
[www.sarkanniemi.fi](http://www.sarkanniemi.fi)  
The following attractions of the Särkänniemi Adventure Park, on the shore of Lake Näsijärvi, are open all year round: Aquarium, Planetarium, Dolphinarium, Näsineula Observation Tower and Sara Hildén Art Museum. The children's zoo and the amusement park with its 33 rides are open in summer.

**Stable Yards** (*Tallipiha*)  
Kuninkaankatu 4  
For further information, call the Tampere City Tourist Office ..... (03) 5656 6800 or administrator ..... 040 507 4997  
Tallipiha Stable Yards represent the old times in Tampere; the yards are a household area built by the owner of the Finlayson cotton mill in the 19th century. Today the stable yards host a café, small arts and crafts shops and a chocolate shop. In addition, there are events all year round. You can go on a ride in a horse-drawn carriage in summer or at events at Christmas time. Free entry.

**Viikinsaari Island**  
Further information at the Cultural Office  
..... (03) 5656 6137  
Viikinsaari Island is a family destination which you can reach by boat in 20 minutes from the centre of Tampere. Its facilities include swimming shores, playgrounds, sports fields and a miniature golf

course. You can freely use the roofed barbecue site, and the lake-side sauna is heated by request. The Viikinsaari port can accommodate 12 small boats. There is also a restaurant called Wanha Kaidesaari on the island, with seats for 280 persons, and a grill kiosk Pieni Kaidesaari. In addition, the ecumenical Pyhäjärvi chapel is located on the island. The western part of the island is a nature protection area. Municipal Cultural services produce a wide variety of entertainment organised on Viikinsaari. Further information:  
[www.tampere.fi/kulttuuri/viikinsaari](http://www.tampere.fi/kulttuuri/viikinsaari)

### 5.2. Boating

The City of Tampere, Developing the city environment  
Frenckellinaukio 2 E..... (03) 5656 6813

The City of Tampere hires out boat spaces located in different parts of Tampere to local residents.

### 5.3. Cinema

Films are shown with the original soundtrack and Finnish and Swedish subtitles. To find out what's on, check a local newspaper or consult the Tampere City Tourist Office.  
Further information ..... (03) 5656 6800

Finnkino, Plevna, Itäinenkatu 4 ..... (03) 3138 3831

Finnkino, Cine Atlas, Koskikeskus, Hatanpään valtatie 1 ..... (03) 273 2180  
Ticket reservations daily 8.00–20.00 (0.99 euros + local network charge)  
..... 0600 007 007

[www.finnkino.fi](http://www.finnkino.fi)

Cinola (Hervanta film centre), Lindforsinkatu 1  
Further information:  
Cultural services ..... (03) 5656 6137

Pirkanmaa Film Centre  
(*Pirkanmaan elokuvakeskus*)

Niagara cinema, Kehräsaari ..... (03) 223 4912,  
..... (03) 223 2262  
Box office ..... (03) 214 1144  
[www.elokuvakeskus.fi](http://www.elokuvakeskus.fi)

## 5. LEISURE TIME

### 5.4. Concerts

Programme information:

[www.tampere.fi/english/tourism/events](http://www.tampere.fi/english/tourism/events)

#### Tampere Hall (*Tampere-talo*)

Yliopistonkatu 55..... (03) 243 4111

Ticket office .....0600 94500

(1.25 euros/min + local network charge)

Opening hours: Monday to Friday 9.00–19.00

Group tickets

(minimum 10 persons) ..... (03) 243 4501

[www.tampere-tala.fi](http://www.tampere-tala.fi)

Concerts, ballet, opera, conventions, meetings, exhibitions and restaurant services.

#### Tampere Philharmonic Orchestra

Yliopistonkatu 55..... (03) 243 4111

Ticket office .....0600 94500

(1.25 euros/min + local network charge).

Opening hours: Monday to Friday 9.00–19.00

Concerts at Tampere Hall from August to May usually on Fridays at 19.00.

#### Cultural Centre of the Old Customs House

(*Tullikamarin kulttuurikeskus*)

Tullikamarin aukio 2,

Pakkahuone Hall .....(03) 5656 6391

Cafeteria/Klubi ..... (03) 343 9933

[www.tampere.fi/culture/tulli](http://www.tampere.fi/culture/tulli)

Concerts and other events.

#### Tampere Conservatoire

F. E. Sillanpään katu 9 ..... (03) 245 2500

[www.tampereenkonservatorio.fi](http://www.tampereenkonservatorio.fi)

Concerts by students, teachers and visiting musicians. Tickets at the entrance.

#### Tampere Maja

Jaani 4, 51007 Tartu, Estonia .....+372 7 386 300

Mobile phone.....+372 56 453 822

Fax .....+372 7 386 301

[www.tampere:majaa.ee](http://www.tampere:majaa.ee)

#### Church concerts

Concerts at the Cathedral: In winter every second Sunday at 18.00 and in summer every Sunday at 19.30. There are also concerts at other churches.

Programme information: Evangelical-Lutheran Parishes..... (03) 219 0111

### 5.5. Culture

City of Tampere

Social, health and culture services

Culture and youth services

Customer Service

Puutarhakatu 11.....(03) 5656 6137

Monday to Friday 8.30–15.45

Examples of culture services:

Haihara Art Centre.....(03) 5656 6137

Exhibitions both at the Haihara Manor and the former stables. In the summer, the Art Centre organises outdoor concerts, arts and crafts markets, children's events, different kinds of courses, and puppet shows. There is also a café and an arts and crafts shop. The manor house can be hired for functions.

[www.tampere.fi/english/culture/activities/haihara](http://www.tampere.fi/english/culture/activities/haihara)

Neighbourhood co-operation ..... 040 510 4079

Tampere is divided into over a hundred neighbourhoods. The municipal Cultural services work together with various kinds of residents' associations and other communities in projects such as neighbourhood festivals. Together with the Education Administration, Museum Office and the Communications Department of the city the Cultural services publish a book series on Tampere's neighbourhoods (*Tampereen kaupunginosat*), adding to the series two books each year. The series is a way to document the interesting local history of Tampere.

Children's culture..... 050 538 2267

Municipal culture services organise many occasions and yearly events for children and families. Besides the municipalities located in the Tampere Region, libraries, museums and other organisations participate in this work. Activities are organised in different parts of Tampere.

[www.tampere.fi/kulttuuri/lapset](http://www.tampere.fi/kulttuuri/lapset)

[www.tampere.fi/english/culture](http://www.tampere.fi/english/culture)

Cultural activities for pensioners ..... 050 309 4464

Municipal culture services arrange "culture beats" for the elderly around the city from autumn to spring in co-operation with day centres, service centres and community clubs. Diversified activities tailored for the aged are available around the city. Poetry circle and folk dance groups meet on a weekly basis. There are afternoon dances



every week at the Old Customs House in winter and on Viikinsaari Island in summer. Municipal culture services work together with Path of Life (Elonpolkuja) network.

[www.tampere.fi/kulttuuri/palvelut/elakelaistointiminta](http://www.tampere.fi/kulttuuri/palvelut/elakelaistointiminta)

International contacts..... (03) 5656 6852

The City of Tampere Cultural Office fosters connections to Tampere's twin and friendship cities, and it also takes care of other international contacts together with different national organisations. The office has participated in organising many official visits and diverse events in Tampere. It carries out cultural exchange as part of the operating strategy of the International Relations Unit.

Immigrant work..... (03) 5656 5229

Municipal culture services are in charge of the cultural side of integration work. The Immigrant Affairs unit organises different events and courses for the target group and produces multilingual programmes for Internet television. The unit also offers work practice opportunities, and activities and consultation services for various immigrant organisations. Culture services maintain the activities of Unipoint.

Arts and culture pages for immigrants

[www.tampere.fi/english/culture/unipoint](http://www.tampere.fi/english/culture/unipoint)

The multilingual current affairs programme

Uninews in Russian, Persian and Chinese.

[www.tampere.fi/english/culture/uninews](http://www.tampere.fi/english/culture/uninews)

Programme services ..... 050 523 2134

Culture services provide diverse cultural events such as summer concerts and other seasonal concerts, events and workshops. There are also joint projects with representatives from different branches of the arts.

Tampere Music Festivals..... (03) 5656 6136

Municipal culture services organise Tampere Jazz Happening, Tampere Vocal Music Festival and Tampere Biennale and participates in joint productions.

[www.tampere.fi/musicfestivals](http://www.tampere.fi/musicfestivals)

Cultural Centre of the Old Customs House

(*Tullikamarin kulttuurikeskus*) ..... (03) 5656 6391

Culture services run the Old Customs House centre (*Tullikamari*). The Pakkahuone Hall is

suitable to a wide range of events, including acoustic and electronic music, drama and dance.

The flexibly convertible space can accommodate even exhibitions and festive occasions. Furthermore, the centre houses the 350-seat Klubi, one of the leading venues for live music in Finland. Daytimes the Klubi is open as a lunch cafeteria.

[www.tampere.fi/culture/tulli](http://www.tampere.fi/culture/tulli)

[www.klubi.net](http://www.klubi.net)

Viikinsaari Island ..... (03) 5656 6137

Viikinsaari Island is a family destination which you can reach by boat in 20 minutes from the centre of Tampere.

See 5.1. Amusement and recreation parks

[www.tampere.fi/english/culture/activities/viikinsaari](http://www.tampere.fi/english/culture/activities/viikinsaari)

## 5.6. Festivals

Tampere Film Festival ..... (03) 223 5681

International short film festival held in March.

[www.tamperefilmfestival.fi](http://www.tamperefilmfestival.fi)

Tampere Biennale ..... (03) 5656 6172

Arranged in April every second year (even numbers), Tampere Biennale has been a forum for new music since 1986.

[www.tampere.fi/musicfestivals](http://www.tampere.fi/musicfestivals)

Tampere Jazz Happening ..... 050 530 8777

Tampere Jazz Happening, organised since 1982, is one of the most highly recognised modern jazz festivals in the world. The festival takes place in early November.

[www.tampere.fi/musicfestivals/jazz](http://www.tampere.fi/musicfestivals/jazz)

International puppet show festival (*Kansainvälinen*

*Nuketeteaterifestivaali*) ..... (03) 213 3629

May, even-numbered years

Pispala Schottische..... (03) 212 2147

International folk dance and music festival June, even-numbered years

[www.sottiisi.net](http://www.sottiisi.net)

Tampere Vocal Music Festival

Tampereen Sävel ..... (03) 5656 6172

This international vocal music event is organised in June and comprises a concert series and an international chorus review and contest for vocal ensembles, as well as education.

June, odd-numbered years.

[www.tampere.fi/musicfestivals/vocal](http://www.tampere.fi/musicfestivals/vocal)

## 5. LEISURE TIME

"On Tammerkoski Bridge" (*Tammerkosken sillalla*),  
city festival ..... 040 777 0546  
June – July  
[www.sillalla.net](http://www.sillalla.net)

Tammerfest, city festival ..... 0400 613 200  
July  
[www.tammerfest.net](http://www.tammerfest.net)

Floral Festival (*Kukkaisviikot*) ..... (03) 366 4400  
July – August  
Organiser: Tampere Tunnetuksi ry.  
[www.tamperetunnetuksi.net](http://www.tamperetunnetuksi.net)

Flamenco Week ..... 050 466 9981  
July  
Organiser: Tampereen Flamencoviikko ry  
[www.tampereflamenco.com](http://www.tampereflamenco.com)

Tanssivirtaa Tampereella,  
festival of modern dance ..... (03) 3392 6601  
April  
Organiser: Dance theatre Mobita/Dansco  
[www.mobitadansco.com](http://www.mobitadansco.com)

Tampere International Theatre Festival  
(*Tampereen Teatterikesä*) ..... (03) 222 8536  
Tampere International Theatre Festival is the  
oldest and largest annual professional theatre  
festival in the Nordic countries, representing both  
international and Finnish theatre. The programme  
encompasses new drama and classics, street  
theatre, music theatre and dance theatre, as well as  
workshops, seminars, exhibitions and meetings.  
August  
[www.teatterikesa.fi](http://www.teatterikesa.fi)

Dance Mania (*Tanssimania*) ..... (03) 212 2147  
Training and show event of modern folk dance.  
September – October, odd-numbered years  
[www.sottiisi.net](http://www.sottiisi.net)

Tampere Illuminations  
(*Tampereen valoviikot*) ..... (03) 366 4400  
October – January  
Organiser: Tampere Tunnetuksi ry.  
[www.tamperetunnetuksi.net](http://www.tamperetunnetuksi.net)

MindTrek ..... (03) 316 7870  
An annual event of digital media. The MindTrek  
Media Week gives you a hands-on opportunity to  
get to know the digital world.  
[www.mindtrek.org](http://www.mindtrek.org)

Sauna Open Air Metal Festival (rock music)  
Early June  
[www.sauna-open-air.fi](http://www.sauna-open-air.fi)

### 5.7. Fishing and crayfishing

For fishing and crayfishing, you need a local permit  
and a national fishing licence. The national fishing  
licence is obtainable at post offices and banks.  
Further information ..... 050 554 5888

#### Fishing permits

City Treasury  
(*Tampereen kaupungin maksuliiketoimisto*)  
Puutarhakatu 6 G ..... (03) 565 611  
Opening hours: Monday to Friday 8.30–15.30  
All fishing permits on sale here. Fishing regulations  
and maps of fishing areas are also available.

Fishing on the Tammerkoski Rapids  
Permits for fishing on the Tammerkoski Rapids are  
sold in three places:  
An automat situated in the wall of the  
Koskipuisto restaurant  
Tourist Office,  
Verkatehtaankatu 2 ..... (03) 5656 6800  
(one-day and one-week permits)  
R-kiosk, Hatanpään valtatie 2  
(only one-day permits)

### 5.8. Gardening and cultivation

In the springtime, the Teisko-Tampere 4-H club  
rents allotments for one or several years in different  
parts of town to the inhabitants of Tampere  
Further information ..... 040 701 9869  
Monday to Friday 10.00–13.00, or by email  
[tre4hyhd@4h.sci.fi](mailto:tre4hyhd@4h.sci.fi)

### 5.9. Handicrafts

Pirkanmaa Arts and Crafts (*Pirkanmaan käsi- ja  
taideteollisuus ry*) arranges courses in different  
handicrafts techniques and offers premises, for  
example for weaving and ceramics work.  
Submit your application for basic courses in arts  
and crafts in May.  
[www.taitopirkanmaa.fi](http://www.taitopirkanmaa.fi)

Arts and crafts centres in Tampere:

Hervanta Arts and Crafts Centre (*Hervannan  
käsiyökeskus*), Lindforsinkatu 5 (Leisure centre,

*Vapaa-ajan keskus*)..... (03) 317 4043  
 hervannan.kasityokeskus@taitopirkanmaa.fi

Tesoma Arts and Crafts Centre  
 (*Tesoman käsityokeskus*),  
 Ristimäenkatu 35 ..... (03) 344 4825  
 tesoman.kasityokeskus@taitopirkanmaa.fi

Verkaranta Arts and Crafts Centre  
 (*Käsi- ja taideteollisuuskeskus Verkaranta*), Taitopaja,  
 Verkatehtaankatu 2 ..... (03) 225 1419  
 verkaranta.taitopaja@taitopirkanmaa.fi

Näpsä Arts and Crafts School (*Näpsä-käsityökoulu*),  
 Peltokatu 16 C ..... (03) 225 1417  
 napsa@taitopirkanmaa.fi

## 5.10. Housekeeping guidance

Adult Education Centre Sampola  
 Kaskitie 1–5 ..... (03) 5654 2244  
 In winter Monday 16.00–18.00, Tuesday to  
 Thursday 9.00–12.00; closed in July.

Practical guidance and advice on food management  
 and housekeeping issues. Cooking courses,  
 demonstrations, exhibitions, and tailored events for  
 groups.

## 5.11. Libraries

All Tampere residents are free to use the libraries.  
 Loans of books and other materials are free of  
 charge. Information on libraries is available on the  
 Internet at [www.tampere.fi/kirjasto](http://www.tampere.fi/kirjasto) and at the site  
 designed for immigrants at  
[www.tampere.fi/kirjasto/mamut](http://www.tampere.fi/kirjasto/mamut)

Tampere City Library – Pirkanmaa Regional  
 Library

Main Library Metso  
 Pirkankatu 2 ..... (03) 565 614  
 Monday to Friday 9.30–20.00, Saturday 9.30–15.00,  
 Sunday 11.00–17.00 (reference library only)  
 In summer, the opening hours of libraries and the  
 Newspaper Reading Room are shorter.

Branch libraries and other service points  
 In addition to the Main Library, there are 14  
 branch libraries, a Newspaper Reading Room, two  
 mobile libraries, the Netti-Nyisse Internet bus and  
 two Net Squares (information agora) in Tampere.

### Library card

You may use all the libraries without a library card  
 but in order to borrow material you need to obtain  
 one. Library cards are issued at libraries. When  
 applying for a library card, you must prove your  
 identity. Children under 15 years need an adult  
 guarantor. The first library card is free of charge.  
 In order to use the PIKI on-line library you need a  
 library card and PIN code that you can get at your  
 library. In PIKI you can search for materials, make  
 reservations, extend your loans and modify your  
 data on the client database.

### Materials

Tampere City Library has books in over 70  
 languages and other materials such as video and  
 language tapes, music and audio books in a wide  
 range of languages. The department for children  
 and young people has picture and story books and  
 novels in different languages. Dictionaries, maps,  
 timetables, statistics, reference books, Finnish  
 phone books, periodicals and databases on CD-  
 ROMs are available at the main library's reference  
 section. The main library's music department  
 carries a wide variety of music (recordings, sheet  
 music, magazines) from all over the world.

### Newspaper Reading Room,

Puutarhaku 1 ..... (03) 5656 4048  
 Monday to Friday 9.00–20.00, Saturday 9–15,  
 Sunday 11.00–17.00

In summer: Monday to Friday 9.00–19.00,  
 Saturday 9.00–15.00, Sunday closed.  
 Some of the periodicals are available even at the  
 main library's reference section. Subscriptions of  
 newspapers and weeklies from some 30 different  
 countries.

### Branch libraries

Hervanta Library  
 Insinöörinkatu 38 ..... (03) 5657 2430

Hervanta Net Square  
 Insinöörinkatu 38 ..... (03) 5657 2449  
 Monday to Friday 10.00–19.00, Saturday  
 10.00–15.00

Härmälä Library  
 Nuolialantie 47 ..... (03) 5654 2705  
 Monday, Tuesday and Thursday 13.00–19.00,  
 Friday 13.00–17.00, Wednesday and Saturday  
 11.00–15.00

## 5. LEISURE TIME

### Kaukajärvi Library

Käättykatu 6 ..... (03) 5654 2710  
Monday to Thursday 11.00–19.00, Friday  
10.00–18.00, Saturday 11.00–15.00  
Please note! Due to renovation work, the library  
will be closed from October 2006 to the autumn  
2007

### Koivistonkylä Library

Lehväkatu 9 ..... (03) 5654 2704  
Monday, Tuesday and Thursday 13.00–19.00,  
Friday 11.00–17.00, Wednesday and Saturday  
11.00–15.00

### Kämmenniemi Library

Paavolantie 4 ..... (03) 5653 4212  
Monday, Tuesday and Thursday 13.00–19.00,  
Wednesday and Friday 11.00–15.00, Saturday  
closed

### Lamminpää Library

Ylöjärventie 55 ..... (03) 5654 2703  
Monday, Tuesday and Thursday 13.00–19.00,  
Friday 11.00–15.00, Wednesday and Saturday  
closed

### Lentävänniemi Library

Vähäniemenkatu 42 ..... (03) 5654 2711  
Monday to Thursday 12.00–19.00, Friday  
12.00–17.00, Saturday 11.00–15.00

### Messukylä Library (*Messukylän kirjasto*)

Hintsankatu 1 ..... (03) 5653 4208  
Monday to Thursday 12.00–19.00, Friday  
11.00–18.00, Saturday 11.00–15.00

### Nekala Library

Lounaantie 2 ..... (03) 5654 2702  
Monday, Tuesday and Thursday 13.00–19.00,  
Wednesday, Friday and Saturday 11.00–15.00  
Please note! Due to renovation work, the library  
will be closed from May 2007 to the spring of  
2008

### Pellervo Library

Uimalankatu 5 ..... (03) 5653 4260  
Monday to Friday 10.00–19.00, Saturday  
10.00–15.00

### Peltolampi Library

Säästäjänkatu 16 ..... (03) 5654 2701  
Monday, Tuesday and Thursday 13.00–19.00,  
Wednesday, Friday and Saturday 11.00–15.00

### Sampola Library

Sammonkatu 2 ..... (03) 5657 8694  
Sampola Net Square  
Sammonkatu 2 ..... (03) 5657 8696  
Monday to Friday 11.00–20.00, Saturday  
10.00–15.00

### Terälahti Library

..... (03) 5654 2713  
Monday, Tuesday and Thursday 14.00–20.00

### Tesoma Library

Kohmankaari 9 ..... (03) 5654 2706  
Monday to Thursday 11.00–19.00, Friday  
9.00–17.00, Saturday 11.00–15.00

## 5.12. Market places

### Market place wardens (*Torivalvoajat*)

.....0500 839 0344,  
.....0500 509 755

Tammelantori, Monday to Friday 6.00–14.30,  
Saturday 6.00–14.00; in summer (May 2 – August  
31) Saturday 6.00–15.00  
Midsummer Eve 6.00–13.00, Christmas Eve  
6.00–12.00

Laukontori, May 2 – September 15: Monday to  
Friday 6.00–17.30, Saturday 6.00–15.00  
Midsummer Eve 6.00–13.00

Central Square Market (*Maanantaimarkkinat*)  
on the first Monday of the month, 6.00–18.00  
Further information 0400 236 144, 0400 668 551

Tampere Fish Market (*Kalamarkkinat*), in April and  
in September – October.

Organised by the Pirkanmaa Fisheries Centre  
(*Pirkanmaan Kalatalouskeskus*) ..... 020 747 2800

In spring and autumn there is the  
Maalaismarkkinat country market at Central  
Square. Organised by  
Markkinaperinteen tuki ry ..... (02) 674 0400

In December the traditional Christmas market of  
Tampere, Organised by Pirkanmaan  
Lasten Tuki ry ..... (03) 222 3586

Hervanta Market Place, Tuesday and Friday  
8.00–16.00  
Midsummer Eve 6.00–13.00  
Christmas Eve 6.00–12.00



Indoor market place (*Kauppalhalli*),  
Hämeenkatu 19 / Hallituskatu 10  
Monday to Friday 8-18, Saturday 8-16  
[www.tamperekauppahalli.fi](http://www.tamperekauppahalli.fi)

### 5.13. Meeting places

Cultural Centre Unipoint: the multicultural meeting place  
Old Library Building (*Vanha kirjastotalo*),  
Keskustori 4, 2nd floor  
Telephone ..... (03) 5656 5857,  
..... 050 527 1442  
[unipoint@tampere.fi](mailto:unipoint@tampere.fi)  
[www.tampere.fi/kulttuuri/unipoint](http://www.tampere.fi/kulttuuri/unipoint)

Language courses, information, multicultural events, opportunities to voluntary work and to meet people from all over the world. TV, games, newspapers, magazines, and Internet. Unipoint is open Monday to Friday 9.00–16.00.

International Women's Meeting Place Naistari  
Opiskelijankatu 5  
Telephone ..... (03) 317 8583  
Fax ..... (03) 317 8326  
[kirsti.viljanen@naapuri.fi](mailto:kirsti.viljanen@naapuri.fi)  
[www.naistari.fi](http://www.naistari.fi)  
Opening hours: Monday to Thursday 9.00–15.00

The International Women's Meeting Place welcomes all women, both immigrants and Finns, who are interested in different cultures.

### 5.14. Friendship associations

The International Activity Centre  
(*Kansainvälinen toimintakeskus*)  
Suvantokatu 13, 2nd floor ..... (03) 213 4561  
Fax ..... (03) 213 4533  
[tampere@kulturz.inet.fi](mailto:tampere@kulturz.inet.fi)

There are several friendship associations operating in Tampere. The International Activity Centre's premises are used by the friendship associations meeting in Tampere. The purpose of the International Activity Centre is to display the countries, languages and cultures in question and integrate them into the cultural life of Tampere.

### 5.15. Museums and exhibitions

[www.tampere.fi/english/cultureandmuseums](http://www.tampere.fi/english/cultureandmuseums)  
Opening times, brochures and further information at the Tourist Information Office  
Verkatehtaankatu 2 ..... (03) 5656 6800

Amuri Museum of Workers' Housing  
Satakunnankatu 49 ..... (03) 5656 6690  
[www.tampere.fi/amuri](http://www.tampere.fi/amuri)

Emil Aaltonen Museum  
Mariankatu 40 ..... (03) 212 4551  
[www.pyynikinlinna.fi](http://www.pyynikinlinna.fi)

Emil-hall  
Old Library Building (*Vanha kirjastotalo*)  
Keskustori 4 ..... (03) 5656 6137

Galleria Saskia  
Pirkankatu 6 ..... (03) 223 0812  
[www.tampereensaskiat.com](http://www.tampereensaskiat.com)

Grafics workshop Himmelblau Oy  
Finlaysoninkuja 9 ..... (03) 213 3050  
[www.himmelblau.fi](http://www.himmelblau.fi)

Haihara Art Centre, Haihara manor  
Haiharankatu 30 ..... (03) 5656 6137

Hatanpää Allotment  
Garden Museum ..... (03) 362 0834  
Niihama

Hiekka Art Museum  
Pirkankatu 6 ..... (03) 212 3973  
[www.hiekantaidemuseo.fi/eng](http://www.hiekantaidemuseo.fi/eng)

Shoe Museum  
Vapriikki Museum Centre,  
Veturiaukio 4 ..... (03) 5656 6966  
[www.tampere.fi/vapriikki/nayttelyt/pysyvat/kenkamuseo](http://www.tampere.fi/vapriikki/nayttelyt/pysyvat/kenkamuseo)

Museum of Minerals  
Hämeenpuisto 20 (Main Library) ... (03) 5656 6046  
[www.tampere.fi/kivimuseo](http://www.tampere.fi/kivimuseo)

Verkaranta Arts and Crafts Centre  
Verkatehtaankatu 2 ..... (03) 225 1409  
[www.taitopirkanmaa.fi](http://www.taitopirkanmaa.fi)

## 5. LEISURE TIME

“Rulla” centre for children’s culture  
Väinö Linnan aukio 15 (3rd floor) ... 040 824 9118  
[www.tampere.fi/kulttuuri/lapset/rulla](http://www.tampere.fi/kulttuuri/lapset/rulla)

Lauri Viita Museum  
Portaanpää 8 ..... (03) 223 3596  
[www.pispalanmoreeni.fi/museo](http://www.pispalanmoreeni.fi/museo)

Lenin Museum  
Hämeenpuisto 28, 3rd floor ..... (03) 276 8100  
[www.lenin.fi](http://www.lenin.fi)

Media Museum Rupriikki  
Väinö Linnan aukio 13 ..... (03) 5656 6411  
[www.tampere.fi/mediamuseo](http://www.tampere.fi/mediamuseo)

Moominvalley  
Hämeenpuisto 20 (Main Library) ... (03) 5656 6578  
[www.tampere.fi/muumi](http://www.tampere.fi/muumi)

Museum Centre Vapriikki  
Veturiaukio 4 ..... (03) 5656 6966  
[www.tampere.fi/english/vapriikki](http://www.tampere.fi/english/vapriikki)

Museum of Dolls and Costumes, Hatanpää  
Mansion (closed until further notice)  
Further information ..... (03) 5656 6966  
[www.tampere.fi/nukkemuseo](http://www.tampere.fi/nukkemuseo)

Tampere Museum of Modern Art  
Vapriikki Museum Centre,  
Veturiaukio 4 ..... (03) 5656 5341

Sara Hildén Art Museum  
Särkänniemi ..... (03) 5654 3500  
[www.tampere.fi/sarahilden](http://www.tampere.fi/sarahilden)

Finnish Ice Hockey Museum  
Vapriikki Museum Centre,  
Veturiaukio 4 ..... (03) 5656 6966  
[www.tampere.fi/jaakiekkomuseo](http://www.tampere.fi/jaakiekkomuseo)

Finnish Boxing Museum  
Aleksanterinkatu 26 B ..... 0400 830 128  
Mältinranta Art Centre  
Kuninkaankatu 2 ..... (03) 214 9214  
[www.tampereen-taiteilijaseura.fi](http://www.tampereen-taiteilijaseura.fi)

Tampere Art Museum – Regional Art Museum of  
Pirkanmaa  
Puutarhakatu 34 ..... (03) 5656 6577  
[www.tampere.fi/taidemuseo](http://www.tampere.fi/taidemuseo)

Finnish Labour Museum Werstas  
Väinö Linnan aukio 8 ..... (03) 253 8800  
[www.tyovaemuseo.fi](http://www.tyovaemuseo.fi)

Spy Museum  
Satakunnankatu 18 B ..... (03) 212 3007  
[www.vakoilumuseo.fi](http://www.vakoilumuseo.fi)

Photographic Centre Nykyaika  
Väinö Linnan aukio 13 ..... (03) 214 6677  
[www.backlight.fi](http://www.backlight.fi)

Wanhat Arabia-astiat: Coffee Cup Museum  
Pispalan valtatie 2 ..... (03) 223 9864  
[www.wanhatarabia-astiat.fi](http://www.wanhatarabia-astiat.fi)

Varala Sports Museum  
Varalankatu 36 ..... (03) 263 1111

Willa Mac  
Palomäentie 23 ..... (03) 263 4244  
[www.mac-art.net](http://www.mac-art.net)

### 5.16. Restaurants and cafés

A restaurant guide and maps are available at the  
Tampere City Tourist Office.  
Verkatehtaankatu 2 ..... (03) 5656 6800

See also [www.huviopas.net](http://www.huviopas.net)

### 5.17. Sports and recreation

Sports services of the City of Tampere  
Suvantokatu 4 ..... (03) 5656 4888  
Fax ..... (03) 5656 4889  
Inquiries and reservations  
Customer service Monday to Friday 8.30–15.45

Indoor and outdoor sports facilities, ice stadiums,  
indoor swimming pools, shooting grounds, tennis  
courts, water sports, outdoor recreation and hiking  
areas. Please contact ..... (03) 5656 4888  
[www.tampere.fi/english/sports](http://www.tampere.fi/english/sports)

Sports and leisure centres  
Tampere exhibition and sports centre Pirkkahalli  
Ilmailunkatu 20 ..... 050 596 7565,  
..... 0400 383 558  
..... (03) 5656 4888

For five winter months the hall is the training and  
competition arena for athletics and football in  
Tampere. Other times it is a venue for trade fairs,



conventions, concerts and other mass events.  
Restaurant and cafeteria.

Pyynikki Ball Games Centre (*Pyynikin palloiluhalli*)  
Ammattikoulunkatu 20 ..... (03) 5656 7683,  
..... (03) 5656 4888  
Basketball, volleyball, floorball, boxing, gymnastics.  
Gym and cafeteria.

Näshalli Sports Centre  
Näsijärvenkatu 8 ..... 040 838 0662,  
..... (03) 5656 4888  
Boxing, weightlifting, fencing, martial arts, table  
tennis. Gym, auditorium and cafeteria.

Kaukajärvi Leisure Centre  
(*Kaukajärven vapaa-aikatalo*)  
Käätykatu 8 ..... 040 576 1188,  
..... (03) 5656 4888  
Indoor ball games (basketball, volleyball),  
gymnastics. Gym, stage and club room.

Hervanta leisure centre (*Hervannan vapaa-aikakeskus*),  
Lindforsinkatu 5 ..... 040 576 0610,  
..... (03) 5656 4888  
Indoor ball games, billiards, ballet, gymnastics.  
Meeting rooms.

Tampere Ice Stadium, Keltinkatu 2 ... 050 347 4094,  
..... (03) 5656 4888  
The Tampere Ice Stadium was the first ice stadium  
in Finland. In addition to Ice Hockey World  
Championships, this stadium has been the venue  
for volleyball, wrestling and boxing championships  
at international level. Fairs, concerts and other  
large-scale public events are also held at the  
Tampere Ice Stadium. Ample facilities for 8,070  
spectators.

### Indoor swimming pools (*uimahalli*)

Hervanta Swimming Pool  
Torisevanraitti 7 ..... 040 752 9610  
Women only: Monday 16.00–18.45  
All: Tuesday to Friday 6.00–19.45, Saturday  
12.00–16.45, Sunday 10.00–16.45  
On weekdays the premises must be vacated by  
21.00 and on weekends by 18.00. On Mondays  
the premises must be vacated by 20.00. The pool  
section is closed 30 minutes earlier.

Pyynikki Indoor Swimming Pool  
Kortelahdenkatu 28 ..... (03) 5656 6863

Monday, Tuesday and Friday 6.00–19.45,  
Thursday 6.00–6. 30, special groups 7.45–19.45  
Saturday 10.00–16.45, Sunday reserved for special  
groups.  
On weekdays the premises must be vacated by  
21.00 and on weekends by 18.00. On Mondays  
the premises must be vacated by 20.00. The pool  
section is closed 30 minutes earlier.

Tampere Swimming Centre  
Joukahaisenkatu 7 ..... (03) 5656 4812  
Monday, Wednesday, Thursday, Friday 6.00–19.45,  
Tuesday 13.00–19.45, Saturday and Sunday  
10.00–16.45.  
On weekdays the premises must be vacated by  
21.00 and on weekends by 18.00. The pool section  
is closed 30 minutes earlier.

Tesoma indoor Swimming Pool  
Tuomarinkatu 7 ..... (03) 5654 6800  
Monday to Wednesday, Friday 6.00–19.45,  
Saturday to Sunday 10.00–16.45  
On weekdays the premises must be vacated by  
21.00 and on weekends by 18.00. The pool section  
is closed 30 minutes earlier.  
Summer opening and other changes in opening  
hours will be on line:  
[www.tampere.fi/english/sports/indoorswimmingpools](http://www.tampere.fi/english/sports/indoorswimmingpools)

### Ice skating rinks

Tampere has five indoor ice skating rinks (*jäähalli*)  
and a number of outdoor ice skating rinks. They  
are used by various sports clubs, but certain hours  
have been reserved for the public use.  
Further information:  
sports services ..... (03) 5656 4888

### Tennis courts

The City of Tampere maintains 11 tennis courts.  
Courts can be hired in summer.  
Further information:  
sports services ..... (03) 5656 4888

### Beach volley courts

The City of Tampere maintains 12 beach volley  
courts that are open to all, free of charge.  
Further information:  
sports services ..... (03) 5656 4888

## 5. LEISURE TIME

### 5.18. Tourism

Tampere City Tourist Office

(*Tampereen kaupungin matkailutoimisto*)

Verkatehtaankatu 2.....(03) 5656 6800

Fax.....(03) 5656 6463

[www.tapere.fi/english/tourism](http://www.tapere.fi/english/tourism)

Open: January – May Monday to Friday 9.00–17.00

June – August Monday to Friday 9.00–20.00,

Saturday and Sunday 10.00–17.00

September Monday to Friday 9.00–17.00,

Saturday and Sunday 10.00–17.00

October – December Monday to Friday 9.00–17.00

The Tampere City Tourist Office provides tourist information in several languages on Tampere and the Tampere Region (*Pirkanmaa*). Brochures are available from other parts of Finland, too.

### 5.19. Youth

The purpose of the youth services unit is to support the growth of children and young people. Youth services comprise hobbies, activities and free-time pursuits for young people, proactive youth work and participation services for young people, including

- the support of organizational activities (advice, co-operation, international youth work)
- youth culture (bands, events, co-operation with schools)
- camps and other free-time activities (Antaverkka, camping gear hire, co-operation with schools)
- counselling and service information for young people, and Vuoltsu Activity Centre (*Vuoltsun toimintakeskus*).

Proactive youth work comprises youth centres, regional youth services, social empowerment and proactive work on substance abuse.

Participation services aim at developing the participation of young people in public decision-making through, for instance, platforms such as the Children's Parliament and Tampere Youth Forum. Further information on the activities on the unit's website, at youth centres and from employees.

Information and assistance service

Vuolteenkatu 13.....(03) 5656 4890

Monday to Friday 8.30–17.00 (July 8.30–16.00)

The information and assistance service for youths provides information on studies, travel, housing, hobbies and other areas of life. Brochures on hobbies and information and service points for young people.

Vuoltsu Activity Centre (*Toimintakeskus Vuoltsu*)

Vuolteenkatu 13.....(03) 5656 4890

Vuoltsu organises diverse activities to young people aged 7–29. Vuoltsu also has a video workshop and a photography laboratory for your use. The video workshop and photo laboratory can be used by those under 29-year-olds who have participated in Vuoltsu's video and photography course or have acquired the necessary skills elsewhere. Reservations can be made at the Information and assistance service for young people (*Nuorten tiedotus- ja palvelupiste*).

Crafts centre and pottery workshop

Vuolteenkatu 13.....(03) 5656 4897

Monday, Wednesday, Thursday 14.00–20.00 and every other Saturday 10.00–15.30

At the crafts centre you can, for example, make felt, paint silk and make jewellery. At the pottery workshop you can learn to make pottery or work independently. Both at the crafts centre and at the pottery workshop there is always an instructor present to help you. Both crafts and pottery activities are suitable for beginners, too.

Vuoltsu Netcafé

Vuolteenkatu 13.....(03) 5656 4899

Monday to Friday 12–18

The net café is meant for people of all ages, providing Tampere residents and tourists an opportunity to go on line. It is possible to print, scan, update your homepages, use your electronic identity card and do image and text processing.



**Children's Traffic Park**

Joukahaisenkatu 10, Kaleva central park  
 Further information: Information and  
 assistance service..... (03) 5656 4890  
 Monday to Friday 9.00–17.00,  
 Saturday 10.00–16.00 (June – August)  
 Free entry. Summertime traffic instruction for  
 children aged 6–10.

**Youth centres**

Can be rented by clubs and organisations

Sori youth centre (*Sorin nuorisokeskus*)  
 ..... (03) 5654 2740  
 Sorinkatu 16

**Southern region**

Annala youth centre ..... (03) 5654 2741  
 Juvankatu 53

Hervanta youth centre..... (03) 5657 2434  
 Lindforsinkatu 1

Helapuisto youth centre ..... (03) 5654 2735  
 Arkkitehdinkatu 11

**Western region**

Tesoma youth centre..... (03) 5654 2743  
 Kohmankaari 9  
 Koivistonkylä youth centre..... (03) 5654 2737  
 Lehvänkatu 9

Multisilta youth centre..... (03) 5654 2739  
 Terävänkatu 1

Lentävänniemi youth centre ..... (03) 5654 2742  
 Männistöönkuja 2



Photo: Anna Byckling

**Eastern region**

Kämmenniemi youth centre ..... (03) 5654 2745  
 Paavolantie 4

Tasanne youth centre..... (03) 5654 2746  
 Rusthollinkatu 5

Linnainmaa youth centre..... (03) 5654 2738  
 Hannulankatu 8

Leinola youth centre..... (03) 5654 5250  
 Sammalladonkatu 1

## 6. RELIGION

Baptist Church  
Kissanmaankatu 19..... (03) 225 4357  
*<http://gamma.nic.fi/~tambapt>*

Jehovah's Witnesses  
Siltakatu 4..... (03) 213 8530  
*[www.jehovantodistajat.fi](http://www.jehovantodistajat.fi)*

Roman Catholic Church  
Holy Cross Parish  
Vicarage..... (03) 631 1540  
Amurinkuja 21 A

Sisters of the Most Precious Blood  
..... (03) 346 9304  
Amurinkuja 21 B  
*[www.kolumbus.fi/risti](http://www.kolumbus.fi/risti)*

Church of Jesus Christ of Latter-day Saints,  
Tampere Parish  
Pellervonkatu 1..... (03) 253 0890  
*[www.mormonit.fi](http://www.mormonit.fi)*

Methodist Church and Parish  
Lapintie 4..... 040 730 4506  
*[www.metodistikirkko.fi/tampere](http://www.metodistikirkko.fi/tampere)*

Pentecostal Church of Tampere  
Aleksanterinkatu 18..... (03) 212 4053  
Monday, Wednesday to Friday 9.00–13.00,  
Tuesday 17.30–19.00  
*<http://tampere.helluntaisrk.net/>*

Federation of Tampere Evangelical  
Lutheran Parishes  
Näsilinnankatu 26..... (03) 219 0111  
English service at the Old Church at Central  
Square every Sunday at 16.00.  
*[www.tampereenseurakunnat.fi](http://www.tampereenseurakunnat.fi)*

Tampere Islamic Society  
(*Tampereen Islamin Yhdyskunta*)  
Yliopistonkatu 60 A, 2nd floor..... (03) 213 0747

Tampere Muslim Society  
(*Tampereen islamilainen seurakunta*)  
Hämeenkatu 29 A..... (03) 214 0608

The Orthodox Church  
Church of St. Nicholas and St. Alexander Nevski,  
Tuomiokirkonkatu 27  
Parish office, Suvantokatu 10 A ....(03) 3141 2700  
Tuesday to Friday 9.00 – 13.00.

Opening hours: in winter the church opens about an hour before the service, usually at 17.00 on Saturday and at 9.00 on Sunday. Guided tours are available for groups on request. There is a 20-euro fee to the benefit of the church.

In summer, the church is open for tourists and functions as a so-called road church for travellers. In May: Monday to Friday 10.00–16.00, in June, July and August: Monday to Saturday 11.00–17.00, Sunday 12.00 – 16.00.

Baha'i community in Tampere  
Secretary ..... 050 326 0041

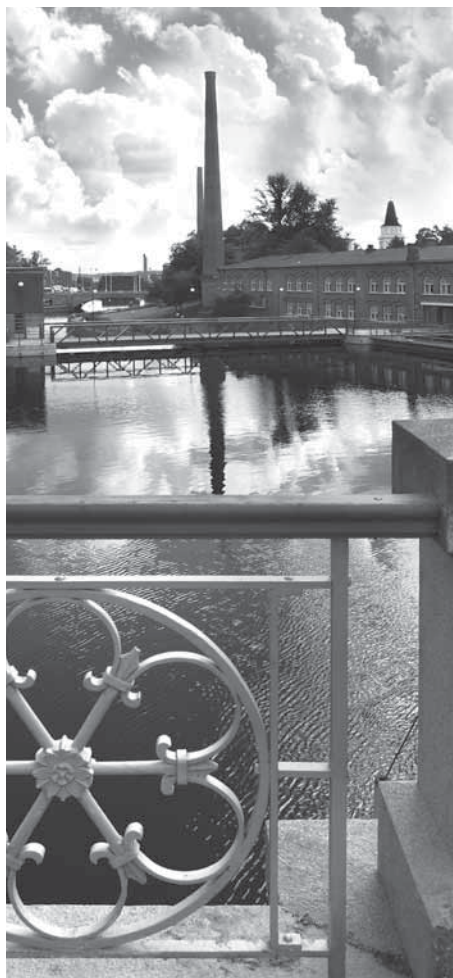


Photo: Studio Sami Helénius

[www.suomi.fi](http://www.suomi.fi)

### 7.1. Tampere City Central Office Building (*Keskusvirastotalo*)

Aleksis Kiven katu 14–16 C..... (03) 565 611  
Municipal information office  
(*Kunnallsiasain neuvonta*) ..... (03) 5656 6300  
Monday to Friday 8.30–15.45

### 7.2. Municipal International Relations Unit

Tampere City Central Office Building  
Aleksis Kiven katu 14–16 C..... (03) 5656 6931,  
..... 040 5388 402  
Fax ..... (03) 5656 6196  
Immigrant work head co-ordinator... 040 572 7932  
*Other immigration co-ordinators can be found in this  
guide in Section 1.5/Immigrant work co-ordinators.*

### 7.3. The Social Insurance Institution of Finland, Kela (*Kansaneläkelaitos*)

Aleksis Kiven katu 18..... 020 635 8111  
Fax ..... 020 635 8112  
[tampere@kela.fi](mailto:tampere@kela.fi)  
Monday 8.00–17.00, Tuesday to Friday 9.00–16.00  
[www.kela.fi](http://www.kela.fi)

Hervanta branch  
Insinöörinkatu 40 ..... 020 635 8430  
Fax ..... 020 635 8432  
[hervanta@kela.fi](mailto:hervanta@kela.fi)  
Monday 8.00–17.00, Tuesday to Friday 9.00–16.00

Linnainmaa branch  
Kirviälänkatu 2 ..... 020 635 8400  
Fax ..... 020 635 8402  
[linnainmaa@kela.fi](mailto:linnainmaa@kela.fi)  
Monday 8.00–17.00, Tuesday to Friday 9.00–16.00

The Social Insurance Institution of Finland KELA is responsible for the basic social security of people residing in Finland in their different phases of life. Kela operates under the supervision of the Finnish Parliament.

The right to social security depends upon residential status: whether you are living permanently in Finland or just working here for a short period of time. In order to qualify for

the Kela social security system, you have to reside permanently in Finland. If you will be working in Finland for at least four months, you may be entitled to health insurance.

People residing in Finland may be entitled to the following benefits:  
family allowance, maternity grant, sickness allowance, cash benefits for parents, reimbursements of medical expenses, unemployment allowance, labour market subsidy, child disability allowance, disability allowance, rehabilitation organised by Kela, rehabilitation allowance, national pension, family pension, pensioner's housing allowance, general housing allowance, child home care allowance, private day-care allowance, and compensation for the cost of travel to school by public transport.

### 7.4. Tampere Employment Office (*Työvoimatoimisto*)

Hämeenkatu branch,  
Hämeenkatu 16 ..... 010 194 043  
Fax ..... 010 604 5400  
Opening hours: Monday to Friday 9.00–15.45  
Immigrant services: 2nd floor ..... 010 194 571

Hervanta Employment Office  
Hermiankatu 6–8 ..... 010 194 579

The Employment Office provides services for both job-seekers and employers.

Job-seekers receive information on vacancies, career opportunities, courses and applying for educational institutions. The office assists job-seekers in matters dealing with education and job-seeking. Other services include career guidance and vocational rehabilitation. You can apply for labour market training through the Employment Office. Immigrants, too, are entitled to the services of the Employment Office. For more information, contact the Employment Office. There is an Immigration Affairs Team at the Tampere Employment Office to help immigrants who have lived in Finland less than three years (integration). For more information on the employment and integration of immigrants, visit the websites of the Ministry of Labour at [www.mol.fi](http://www.mol.fi), [www.infopankki.fi](http://www.infopankki.fi) and [www.mol.fi/finnwork](http://www.mol.fi/finnwork)

### 7.5. Ensimetri

Employ yourself and become an entrepreneur! Ensimetri is a service centre for private persons who are willing to employ themselves with their own skills. Ensimetri makes an assessment of the business idea and the entrepreneurial capacity of the person planning to start an enterprise. Ensimetri also serves as a bridge to the expert service network supporting the entrepreneur such as financing, marketing, accounting, administration, taxation or pension issues. The basic information given by Ensimetri is free of charge. Ensimetri serves you in the city centre and in Hervanta.

Ensimetri Enterprise Agency  
(*Uusyrytyskeskus Ensimetri*)

Kauppakatu 4..... (03) 251 6600  
Fax..... (03) 251 6609

Ensimetri Enterprise Agency (*Uusyrytyskeskus Ensimetri*)  
Hervanta service point

Lindforsinkatu 4..... (03) 357 6730  
Fax..... (03) 317 3282

[www.ensimetri.fi](http://www.ensimetri.fi)

### 7.6. Invest in Tampere

Locating business operations in Tampere?

“Invest in Tampere” provides information on Tampere as a business environment to international companies which consider locating their business, research or product development activities in Finland. Invest in Tampere serves these companies in establishing operations, dealing with the authorities, finding the suitable premises, etc.

[www.investintampere.com](http://www.investintampere.com)

### 7.7. Tampere Tax Office (*Tampereen verotoimisto*)

Hatanpään valtatie 36..... (03) 275 3100  
Fax..... (03) 212 6672  
Monday to Friday 8–16.15  
[www.vero.fi](http://www.vero.fi)

Taxes have to be paid on wages and salaries, pensions and social security benefits such as unemployment benefits, schooling allowances, maternity allowance and sickness allowance. You can get a tax deduction card at the Tax Office. You must give the tax deduction card to your employer, who will then deduct the amount of tax.

### 7.8. Tampere Register Office (*Tampereen maistraatti*)

Hatanpään valtatie 24..... (03) 253 9000  
Registration for foreigners..... (03) 253 9027  
Trade Register and the Register of Associations  
..... (03) 253 9036  
Matters pertaining to civil marriage (03) 253 9028  
Monday to Friday 8–16.15  
[www.maistraatti.fi](http://www.maistraatti.fi)

The Tampere Register Office is a local authority providing official certificates, e.g. concerning your personal data (extract from the population register) and housing (certificate of domicile).

Registration for foreigners means that the basic data on everyone residing permanently in Finland can be found in the Finnish Population Information System.

How to register

In order to register, a foreigner must visit the Register Office in person. He or she must provide the necessary interpreter services.

A valid passport and residence permit are needed. Other documents needed when registering may include a certificate of marriage and your children's birth certificates. All certificates must be legalised.

Foreigners need to fill in the Registration Information on a Foreigner form (*Ulkomaalaisten rekisteröinti*) and the Notice of Moving (*muuttoilmoitus*).

Duty to notify

In cases of address change, you must always submit an official notice of moving (*muuttoilmoitus*) to the Register Office or the Post Office. The notice must be submitted one month before the change, at the earliest, or one week from the change, at the latest. Forms are available at the Register Office and post offices.

Moving away from Finland you must submit a written notice of moving to the Register Office or a post office.

When moving to Finland from Iceland, Norway, Sweden or Denmark you have to submit the Joint Nordic Document of Moving (*yhteispoljoismainen muuttokirja*) from the country you are moving from



to the Register Office submitting also the notice of moving.

### 7.9. Court house (*Oikeustalo*)

Tampere District Court  
Kelloportinkatu 5 A ..... 010 364 7400  
The Tampere District Court is a general lower court, which handles civil and criminal cases as well as petitions in its judicial district.

### 7.10. Legal Aid Offices

Tampere Legal Aid Office  
(*Tampereen Oikeusaputoimisto*)  
Alaverstaanraitti 2 C ..... 010 366 0720  
Fax ..... 010 366 0725  
Appointments ..... 010 366 0730  
Monday to Friday 8–16.15  
tampere.oikapu@om.fi  
[www.oikeus.fi/6185.htm](http://www.oikeus.fi/6185.htm)

Tampere Region Legal Aid Office  
(*Tampereen Seudun Oikeusaputoimisto*)  
Hämeenkatu 19, 3rd floor ..... 010 366 0750  
Fax ..... 010 366 0759  
Appointments ..... 010 366 0761  
Monday to Friday 8–16.15  
tampereenseutu.oikapu@om.fi  
[www.oikeus.fi/oikapu/tampereenseutu](http://www.oikeus.fi/oikapu/tampereenseutu)

An appointment must be made in advance; there is no phone consultation. Legal aid is usually granted to persons of small income and persons who have difficulties in acquiring expert assistance themselves. General legal aid is given free of charge or for a partial payment.

### 7.11. Directorate of Immigration (*Ulkomaalaisvirasto*)

Panimokatu 2 A, Helsinki  
Customer Service:  
Lautatarhankatu 10, Helsinki ..... (09) 476 5500  
Fax ..... (09) 4765 5858  
ulkomaalaisvirasto@uvi.fi  
[www.uvi.fi](http://www.uvi.fi)

Information by phone:  
General enquiries by telephone  
Monday to Friday 9.00–15.00 ..... 0300 44300  
(0.08 euros/min+local network charge)

Immigration affairs  
uesday to Thursday 10.00–11.00 ... (09) 476 5500  
Refugee and asylum affairs  
Tuesday to Thursday 14.00–15.00.... (09) 476 5500  
Naturalisation affairs,  
Tuesday to Thursday 14.00–15.00.... (09) 476 5500

### 7.12. Honorary consuls

Honorary consulates may help people to get in touch with local authorities or the nearest embassy or consulate of their country. Their powers are, however, limited: honorary consuls cannot, for instance, issue passports.

#### The Netherlands

Johannes Haarla, Haarla Oy  
Pyhäjärvenkatu 10 A, Tampere..... (03) 3399 1300,  
..... 040 7796 333  
Fax ..... (03) 3399 1350  
johannes.haarla@haarla.fi

#### Belgium

Hannu Jaakkola, Prima Visione  
Virtasalmentie 19, Nokia..... (03) 342 1134,  
..... 0400 732 562  
hannu.jaakkola@counsellor.com

#### Spain

Päivi Mäkinen  
Tohlopinranta 25 C 10, Tampere.... (03) 344 1050,  
..... 040 867 7766  
Fax ..... (03) 344 1041  
aristo@koti.soon.fi

#### United Kingdom

Riitta Varpe, Employment and Economic  
Development Centre (TE-keskus) ... 010 602 5702  
Fax ..... (03) 223 8565  
riitta.varpe@te-keskus.fi

#### Italy

Roberto Castagno  
Lentokentänkatu 36, Tampere..... 040 749 0591  
Fax ..... 040 784 0753  
consolato.tampere@mac.com

#### Austria

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## 7. PUBLIC ADMINISTRATION

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..... 040 544 7984  
Secretary: Sinikka Kiikkerä ..... (03) 260 1611

## 7.13. Police

Tampere Police Station  
Hatanpään valtatie 16 ..... 071 874 0131  
Emergency number for the police..... 112  
General emergency number..... 112

### [www.poliisi.fi](http://www.poliisi.fi)

To report offences and to receive assistance  
in matters concerning the police  
Sorinkatu 12 ..... 071 874 5800  
Every day 8.00-21.00

### Permits

The police in Finland handle all permits such as  
driver's licences, passports and residence and work  
permits. Even asylum affairs belong to the police.

Residence and work permits  
Police Station  
Hatanpään valtatie 16 ..... 071 874 0131  
Monday to Wednesday and Friday 8.00–16.15,  
Thursday 08.00–17.00

### Other permits

Answering service in permits issues ... 071 874 5422,  
..... 071 874 5411  
Monday to Friday 9.00–11.00 and 13.00–15.00  
Immigrant issues ..... 071 874 5415

### Permits for foreigners

The local police issues the following permits:  
- first residence permits to foreign family members  
of Finnish citizens residing in Finland, and to the  
family members' unmarried minor children  
- extended fixed-term residence permits and  
permanent residence permits to foreign nationals  
residing in Finland



- extended residence permits for employed and self-employed persons, and permanent residence permits.

Applications for the above permits must be submitted to the District Police of the applicants' place of residence in person or through an attorney. Applicants must go to the police station in person to prove their identity before a decision on a permit is made. Abroad, permit applications are filed with a Finnish mission.

As regards EU citizens, the local police register EU citizens' right of residence, and handle matters relating to the issue of residence cards to EU citizens' family members' if the family members are not EU citizens.

Nordic citizens do not need a visa or residence permit for residing or working in Finland. When travelling between Nordic countries, they do not need a passport or any other identity document. Nordic citizens must, however, be able to prove their identity, if necessary, which is why they should hold a passport or identity card when travelling. When entering Finland for purposes other than short-term residence, Nordic citizens must register their residence at a Register Office. That is why the local police do not register their right of residence.

The police may issue foreigner's identity cards to foreigners who are domiciled in Finland. Such identity cards are not travel documents, which is why they cannot be used for travelling outside Finland. The police may also, upon application, exchange a driving licence issued in an EU or EEC country to a comparable Finnish driving licence. For further information about permits and licences for foreigners, please contact the District Police of your place of residence, the Directorate of Immigration, an employment office or a Finnish mission abroad.

The Aliens Act in force before the entry into force of the new Aliens Act applies to matters initiated before the new Act's entry into force on 1 May 2004. The new Act applies to matters returned to the authorities to be processed again. Further information from the local police station or employment office.

#### Contact persons assigned by the police

The police have designated contact persons for several ethnic groups. He or she can be contacted through the police station or the 24-hour service.

### 7.14. Lost property offices

Tampere City Transport lost-property office  
Jokipohjantie 24 ..... (03) 565 613  
Monday to Friday 8.30–15.00

Tampere police station lost-property office  
Sorinkatu 12 ..... 071 874 5340,  
..... 071 874 5341  
Monday, Tuesday, Wednesday and Friday  
8.00–16.15, Thursday 8.00–17.00.

Finland's Found Property Services  
(*Suomen Löytötavarapalvelu*), lost-property inquiries  
to the Finnish Railways VR  
Mäkelänkatu 56, 00510 Helsinki ..... 0600 41 006  
(1,67 euros/min + local network charge)  
[www.loytotavara.net](http://www.loytotavara.net)

### 7.15. Customs regulations

Tampere Customs Office (address information  
from July 30 2007 onwards)  
Administration, excise duties, inspections and  
control, Patamäenkatu 18 ..... 020 492 4300

Clearance centre,  
Nuutisarankatu 35, Tampere ..... 020 492 4400  
From October 20 2007 all operations of Tampere  
Customs Office  
Patamäenkatu 18 (exchange) ..... (09) 6141

National customs helpline ..... 020 690 600  
[www.tulli.fi](http://www.tulli.fi)

### 7.16. Tampere Regional Emergency Services (*Tampereen aluepelastuslaitos*)

Tampere Regional Emergency Services provide emergency services in the entire Tampere Region (*Pirkanmaa*). The emergency services are responsible for accident prevention, rescue operations and preparing for exceptional circumstances. The Tampere Region, comprising 28 municipalities, is divided into six operating areas, and there are 70 fire stations in different parts of the area.

Ambulance services are provided in Tampere, Nokia, Pirkkala, Ruovesi and Valkeakoski.

Tampere Main Fire Station (*Tampereen keskus-paloasema*), Satakunnankatu 16 ..... (03) 565 612







## What to do in an emergency

GENERAL EMERGENCY PHONE NUMBER 112

EMERGENCY NUMBER FOR THE POLICE 112

In case of emergency dial 112 on a telephone.

Call the emergency number in urgent, real emergencies: when life, health, property or the environment is under threat or in danger or there is real reason to assume that this is the case.

### What happens when you call 112

- Make the call yourself if you can.
- Tell the operator what has happened.
- Tell the exact location of the emergency: address and municipality.
- Answer any questions.
- Follow the instructions given.
- Do not hang up before the operator gives you permission to do so.

### General alarm signal

• The general alarm signal is either a continuous rising and falling siren sound or an announcement made by the authorities through loudspeakers.

### What to do when you hear the general alarm signal

- Go indoors. Stay indoors.
- Close the doors, windows and air vents, and turn off air conditioners.
- Turn on the radio and calmly wait for further instructions.
- Avoid using the telephone, so as not to overload the lines.
- Do not leave the area without a specific order from the authorities so as not to put yourself in unnecessary danger.

### Gas alert

During a gas alert you will hear the general alarm signal.

Follow the instructions given above. In addition:

#### If you are indoors

and you smell gas, breathe through a wet cloth. Stay on the upper floors of your building until the danger is declared to be over. Listen to the radio.

#### If you are outdoors and cannot go in

move at a brisk pace crosswind from under the gas cloud. Move towards the highest point in the terrain (such as a hill top). Breathe through a wet cloth or a tuft of grass, moss or peat.

### Radiation alert

During a radiation alert you will hear the general alarm signal.

Further information will be given without delay.